

Individual Best Times (All Time)

Hannah Mcnaul - (742711) - West Suffolk Swimming Club - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 1:19.93 | 516 | H | 30/04/17 | ASA East Long Course Championships | Luton | West Suffolk | 1 |
| 1:19.94 | 516 | H | 13/05/17 | Northampton 2017 Long Course Spring Festival | Corby | West Suffolk | 1 |
| 1:19.96 | 515 | H | 20/04/14 | UEA City of Norwich Easter LC Meet 2014 | Norwich | West Suffolk | 1 |
| 1:20.19 | 511 | H | 03/05/15 | ASA East Region Summer Championships Weekend 1 | Luton | West Suffolk | 1 |
| 1:20.34 | 508 | H | 06/03/16 | Norfolk Intercounty Gala | Norwich | | 3 |
| 1:20.37 | 508 | H | 17/11/13 | Team Luton Autumn LC Open Meet | Luton | West Suffolk | 1 |
| 1:20.53 | 505 | F | 13/05/17 | Northampton 2017 Long Course Spring Festival | Corby | West Suffolk | 1 |
| 1:20.84 | 499 | F | 08/06/14 | BGASA East Region Championships 2014 | Norwich | West Suffolk | 1 |
| 1:20.87 | 498 | H | 04/10/14 | Robin Hood Open Meet 2014 | Sheffield | West Suffolk | 1 |
| 1:20.94 | 497 | H | 25/01/14 | Central Zonal Meet 2014 | Corby | West Suffolk | 1 |
| 1:21.01 | 496 | H | 08/06/14 | BGASA East Region Championships 2014 | Norwich | West Suffolk | 1 |
| 1:21.16 | 493 | H | 16/05/15 | Northampton Spring Festival | Corby | West Suffolk | 1 |
| 1:21.56 | 486 | H | 29/05/15 | Cardiff International Open Meet 2015 | Cardiff | West Suffolk | 1 |
| 1:21.59 | 485 | H | 01/05/16 | ASA East Region Long Course Championships | Norwich | West Suffolk | 1 |
| 1:21.65 | 484 | F | 20/04/14 | UEA City of Norwich Easter LC Meet 2014 | Norwich | West Suffolk | 1 |
| 1:21.73 | 483 | H | 25/05/14 | Team Luton Last Chance National Qualifier 2014 | Luton | West Suffolk | 1 |
| 1:21.82 | 481 | H | 27/03/16 | UEA City of Norwich Easter Long Course Meet | Norwich | West Suffolk | 1 |
| 1:22.04 | 477 | F | 03/05/15 | ASA East Region Summer Championships Weekend 1 | Luton | West Suffolk | 1 |
| 1:22.26 | 473 | H | 07/12/13 | ASA East Regionals Winter Championships | Norwich | West Suffolk | 1 |
| 1:22.38 | 471 | F | 01/05/16 | ASA East Region Long Course Championships | Norwich | West Suffolk | 1 |
| 1:22.49 | 469 | F | 12/07/14 | City of Norwich SC Mid-Summer Madness Open | Norwich | West Suffolk | 3 |
| 1:22.71 | 466 | H | 14/05/16 | City of Sheffield Swim Squad No Frills Meet | Sheffield | West Suffolk | 1 |
| 1:22.77 | 465 | F | 29/05/15 | Cardiff International Open Meet 2015 | Cardiff | West Suffolk | 1 |
| 1:23.10 | 459 | F | 11/07/15 | UEA City of Norwich Mid-Summer Madness Open | Norwich | West Suffolk | 3 |
| 1:23.26 | 456 | H | 17/05/14 | Northampton SC Spring Festival Open Meet | Corby | West Suffolk | 1 |
| 1:23.63 | 450 | F | 17/05/14 | Northampton SC Spring Festival Open Meet | Corby | West Suffolk | 1 |
| 1:23.87 | 447 | F | 03/07/16 | UEA City Of Norwich Midsummer Madness Open Meet | Norwich | West Suffolk | 3 |

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|---------|-----|---|----------|---|-----------|--------------|---|
| 1:23.87 | 447 | F | 02/07/16 | UEA City Of Norwich Midsummer Madness Open Meet | Norwich | West Suffolk | 3 |
| 1:24.40 | 438 | H | 10/07/16 | ASA East Region Inter County Team Competition | Norwich | West Suffolk | 1 |
| 1:31.66 | 342 | H | 10/06/12 | British Gas ASA East Region BAGCAT Champs | Norwich | West Suffolk | 1 |
| 1:31.90 | 339 | F | 10/06/12 | British Gas ASA East Region BAGCAT Champs | Norwich | West Suffolk | 1 |
| 1:34.48 | 312 | H | 06/10/12 | 32nd Robin Hood Open Meet | Sheffield | West Suffolk | 1 |
| 1:38.72 | 274 | H | 08/04/12 | UEA City of Norwich Easter Meet | Norwich | West Suffolk | 1 |
| 1:44.80 | 229 | H | 12/06/11 | BG East Region Bagcat Championships | Norwich | West Suffolk | 1 |

Swims in Date Order

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|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 1:20.53 | 505 | F | 13/05/17 | Northampton 2017 Long Course Spring Festival | Corby | West Suffolk | 1 |
| 1:19.94 | 516 | H | 13/05/17 | Northampton 2017 Long Course Spring Festival | Corby | West Suffolk | 1 |
| 1:19.93 | 516 | H | 30/04/17 | ASA East Long Course Championships | Luton | West Suffolk | 1 |
| 1:24.40 | 438 | H | 10/07/16 | ASA East Region Inter County Team Competition | Norwich | West Suffolk | 1 |
| 1:23.87 | 447 | F | 02/07/16 | UEA City Of Norwich Midsummer Madness Open Meet | Norwich | West Suffolk | 3 |
| 1:22.71 | 466 | H | 14/05/16 | City of Sheffield Swim Squad No Frills Meet | Sheffield | West Suffolk | 1 |
| 1:22.38 | 471 | F | 01/05/16 | ASA East Region Long Course Championships | Norwich | West Suffolk | 1 |
| 1:21.59 | 485 | H | 01/05/16 | ASA East Region Long Course Championships | Norwich | West Suffolk | 1 |
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| 1:20.34 | 508 | H | 06/03/16 | Norfolk Intercounty Gala | Norwich | | 3 |
| 1:23.10 | 459 | F | 11/07/15 | UEA City of Norwich Mid-Summer Madness Open | Norwich | West Suffolk | 3 |
| 1:22.77 | 465 | F | 29/05/15 | Cardiff International Open Meet 2015 | Cardiff | West Suffolk | 1 |
| 1:21.56 | 486 | H | 29/05/15 | Cardiff International Open Meet 2015 | Cardiff | West Suffolk | 1 |
| 1:21.16 | 493 | H | 16/05/15 | Northampton Spring Festival | Corby | West Suffolk | 1 |
| 1:22.04 | 477 | F | 03/05/15 | ASA East Region Summer Championships Weekend 1 | Luton | West Suffolk | 1 |
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