

Individual Best Times (All Time)

Keefe Downes - (741995) - Northampton Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:23.18	584		16/02/14	2014 NASA County Championships	Corby	Northampton	1
4:26.19	565	H	14/07/13	Northampton Summer Festival Open Meet	Northampton	Northampton	3
4:26.67	562	H	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Northampton	1
4:27.30	558	H	19/05/13	Northampton Spring Meet 2013	Corby	Northampton	1
4:30.87	536	H	26/01/14	Central Zonal Meet 2014	Corby	Northampton	1
4:32.07	529	H	04/05/13	Midland Youth Championships	Corby	Northampton	1
4:32.36	527	F	30/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Northampton	1
4:33.60	520		17/02/13	Northants ASA 2013 County Championships	Corby	Northampton	1
4:34.10	517	H	21/12/13	Northampton Winter Festival Open Meet	Corby	Northampton	1
4:34.63	514	H	15/12/12	Northampton SC Winter Festival Open Meet	Corby	Northampton	1
4:37.43	499	H	15/07/12	Northampton SC Summer Festival Meet 2012	Corby	Northampton	4
4:37.54	498	H	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	Northampton	1
4:40.05	485	H	20/05/12	Northampton SC May Open Meet	Corby	Northampton	1
4:41.15	479	H	02/06/12	Midlands Age Group Championships	Coventry	Northampton	1
4:42.87	470		12/02/12	Northamptonshire County Championships	Corby	Northampton	1
4:45.30	458		20/03/11	Northamptonshire County Championships	Corby	Northampton	1
4:49.40	439	H	22/05/11	Northampton May Open Meet	Corby	Northampton	1
4:53.50	421	H	04/12/10	Northampton Winter Fest	Corby	Northampton	1
4:54.87	415	H	05/06/10	BG Midland Age Groups	Coventry	Northampton	1
5:01.82	387		13/03/10	Northants County Champs	Corby	Northampton	1
5:14.12	343		05/12/09	Northampton Winter Meet	Corby	Northampton	1
5:22.46	317	H	11/10/09	Borough of Stockton Open	Leeds	Northampton	1

Swims in Date Order

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4:26.67	562	H	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Northampton	1

4:23.18	584		16/02/14	2014 NASA County Championships	Corby	Northampton	1
4:30.87	536	H	26/01/14	Central Zonal Meet 2014	Corby	Northampton	1
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