

# Individual Best Times (All Time)

Jack Wood - (740580) - Grimsby Aquatics Swim Team - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:17.74	444	H	09/02/19	Yorkshire County Championships	Leeds	Grimsby AST	1
5:20.64	432	H	20/05/18	North East Region Championships	Leeds	Grimsby AST	1
5:22.47	425	F	20/05/18	North East Region Championships	Leeds	Grimsby AST	1
5:32.88	386	H	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	Grimsby AST	3
5:33.34	385	H	21/05/17	ASA North East Region Championships	Sunderland	Grimsby AST	1
5:44.19	349	H	25/02/17	Yorkshire SA County Championships	Leeds	Grimsby AST	1
5:48.37	337	H	17/12/16	City of Leeds Christmas Meet 2016	Leeds	Grimsby AST	3
6:00.98	303	H	22/05/16	ASANER Regional Championships 2016	Sheffield	Grimsby AST	1

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