

Individual Best Times (All Time)

Nathan Salkeld - (740388) - Carlisle Aquatics - 200 Backstroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|----------------------------------|------------|-----------------|-------|
| 3:21.23 | 172 | H | 14/07/13 | City of Sunderland Summer Splash | Sunderland | Carlisle Aq | 3 |

Swims in Date Order

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