

Individual Best Times (All Time)

Jessica Mcdonough - (740159) - Stockport Metro SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.15	723	F	27/07/18	British Summer Championships	Sheffield	Co Liverpool	1
2:17.89	712	H	27/07/18	British Summer Championships	Sheffield	Co Liverpool	1
2:18.94	696	F	28/07/17	British Summer Championships	Sheffield	Ellesmere Co	1
2:20.44	674	F	15/02/20	Middle East Open and Junior Championships	Dubai		1
2:20.65	671	H	25/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
2:20.81	668	H	07/04/18	City of Liverpool Spring Open Meet	Liverpool	Co Liverpool	1
2:21.05	665	H	19/04/19	British Championships 2019	Glasgow	Stockport Mo	1
2:21.19	663	H	16/12/17	Swim England Winter Championships 2017	Sheffield	Ellesmere Co	1
2:21.20	663	H	11/01/20	City of Derby Eighteenth LC L1 Open Meet 2020	Sheffield	Stockport Mo	1
2:21.30	661	F	27/04/19	2019 SENW Summer Championships	Manchester	Stockport Mo	1
2:21.36	661	H	28/07/17	British Summer Championships	Sheffield	Ellesmere Co	1
2:21.37	660	H	26/07/19	British Summer Championships	Glasgow	Stockport Mo	1
2:21.92	653	H	27/04/19	2019 SENW Summer Championships	Manchester	Stockport Mo	1
2:21.93	653	H	06/05/18	Swim England West Midlands Championships	Coventry	Ellesmere Co	1
2:22.24	648	H	13/05/18	Manchester Open Meet 2018	Manchester	Ellesmere Co	1
2:22.83	640	H	31/03/19	Stockport Metro Qualifying Open Meet	Stockport	Stockport Mo	1
2:22.93	639	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Ellesmere Co	1
2:23.26	635	F	18/02/18	Team Bath Grand Prix	Bristol	Ellesmere Co	1
2:23.35	633	F	06/05/18	Swim England West Midlands Championships	Coventry	Ellesmere Co	1
2:23.49	632		21/01/18	9e Trophe National des Hortillons	Amiens, France	Ellesmere Co	1
2:23.69	629	H	04/11/17	Midland Long Course Championships	Nottingham	Ellesmere Co	1
2:23.83	627	H	15/02/20	Middle East Open and Junior Championships	Dubai		1
2:24.21	622	H	28/05/17	Cardiff International Open Meet 2017	Cardiff	Ellesmere Co	1
2:24.35	620	F	14/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	Ellesmere Co	1
2:24.56	618		21/01/18	9e Trophe National des Hortillons	Amiens, France	Ellesmere Co	1
2:25.03	612	F	28/05/17	Cardiff International Open Meet 2017	Cardiff	Ellesmere Co	1
2:25.23	607	F	15/04/17	City of Leeds National Qualifier 2017	Leeds	Ellesmere Co	1

2:20.39	607	F	15/04/17	City of Leeds National Qualifier 2017	Leeds	Ellesmere Co	1
2:25.85	601	H	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Ellesmere Co	1
2:27.15	586	H	15/04/17	City of Leeds National Qualifier 2017	Leeds	Ellesmere Co	1
2:30.22	550	H	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	Ellesmere Co	1
2:33.50	516	H	23/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Southport	1
2:37.70	476	H	28/02/15	Lancashire County Age Groups & Championships	Liverpool		1
2:38.97	464	F	03/05/15	Manchester Open Meet 2015	Manchester	Southport	1
2:41.56	442	F	21/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Southport	1
2:55.28	346	F	22/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Southport	1
2:55.89	343	H	08/03/14	Lancashire Age Groups & Championships	Manchester	Southport	1
2:56.77	338	H	19/01/14	City of Liverpool Winter Meet Plus	Liverpool	Southport	1
3:06.91	285	H	16/03/13	Lancashire County Championships	Liverpool	Southport	1
3:08.49	278	H	20/01/13	City of Liverpool SC L1 Winter Open Meet	Liverpool	Southport	1
3:17.42	242	H	03/03/12	Lancashire County Championships	Liverpool	Southport	1
3:20.37	232	F	22/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	Southport	1

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