

Individual Best Times (All Time)

Jessica Mcdonough - (740159) - Stockport Metro SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.14	707	H	27/04/19	2019 SENW Summer Championships	Manchester	Stockport Mo	1
30.27	698	F	28/07/18	British Summer Championships	Sheffield	Co Liverpool	1
30.34	693	H	31/03/19	Stockport Metro Qualifying Open Meet	Stockport	Stockport Mo	1
30.41	689	H	27/07/19	British Summer Championships	Glasgow	Stockport Mo	1
30.68	671	H	12/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	Co Liverpool	1
30.73	667	H	28/07/18	British Summer Championships	Sheffield	Co Liverpool	1
30.87	658	F	27/04/19	2019 SENW Summer Championships	Manchester	Stockport Mo	1
30.91	656	F	25/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
30.95	653	H	25/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
30.95	653	H	12/05/18	Manchester Open Meet 2018	Manchester	Ellesmere Co	1
32.21	579	F	18/02/18	Team Bath Grand Prix	Bristol	Ellesmere Co	1
36.33	404	H	07/06/15	2015 North West Regional Championships	Manchester		1
36.61	394	F	02/05/15	Manchester Open Meet 2015	Manchester	Southport	1
37.06	380	H	16/03/14	Lancashire County Championships	Manchester	Southport	1
38.70	334	F	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Southport	1
41.01	280	H	10/03/13	Lancashire Age Group County Championships	Manchester	Southport	1
42.93	244	H	18/03/12	Lancashire County Championships	Manchester	Southport	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.41	689	H	27/07/19	British Summer Championships	Glasgow	Stockport Mo	1
30.87	658	F	27/04/19	2019 SENW Summer Championships	Manchester	Stockport Mo	1
30.14	707	H	27/04/19	2019 SENW Summer Championships	Manchester	Stockport Mo	1
30.34	693	H	31/03/19	Stockport Metro Qualifying Open Meet	Stockport	Stockport Mo	1
30.68	671	H	12/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	Co Liverpool	1
30.27	698	F	28/07/18	British Summer Championships	Sheffield	Co Liverpool	1

30.73	667	H	28/07/18	British Summer Championships	Sheffield	Co Liverpool	1
30.95	653	H	12/05/18	Manchester Open Meet 2018	Manchester	Ellesmere Co	1
30.91	656	F	25/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
30.95	653	H	25/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
32.21	579	F	18/02/18	Team Bath Grand Prix	Bristol	Ellesmere Co	1
36.33	404	H	07/06/15	2015 North West Regional Championships	Manchester		1
36.61	394	F	02/05/15	Manchester Open Meet 2015	Manchester	Southport	1
37.06	380	H	16/03/14	Lancashire County Championships	Manchester	Southport	1
38.70	334	F	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Southport	1
41.01	280	H	10/03/13	Lancashire Age Group County Championships	Manchester	Southport	1
42.93	244	H	18/03/12	Lancashire County Championships	Manchester	Southport	1