

Individual Best Times (All Time)

Jessica Mcdonough - (740159) - Stockport Metro SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.57	564	H	24/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
28.65	559	F	24/03/18	City of Sunderland National Qualifier	Sunderland	Ellesmere Co	1
28.66	559	H	07/04/18	City of Liverpool Spring Open Meet	Liverpool	Co Liverpool	1
29.23	526	H	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	Ellesmere Co	1
29.39	518	H	28/05/16	ASA North West Region Summer Championships	Manchester	Southport	1
29.53	511	H	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Southport	1
29.59	507	F	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	Southport	1
29.72	501	F	28/05/16	ASA North West Region Summer Championships	Manchester	Southport	1
29.74	500	H	16/04/16	City of Liverpool Spring Open Meet 2016	Liverpool	Southport	1
29.95	489	F	07/05/16	Manchester Open Meet 2016	Manchester	Southport	1
29.98	488	H	02/04/16	Stockport Metro Qualifying Window Meet 2016	Stockport	Southport	1
30.04	485	H	19/03/16	City of Sunderland National Qualifier	Sunderland	Southport	1
30.98	442	F	02/05/15	Manchester Open Meet 2015	Manchester	Southport	1
31.00	441	H	31/05/15	2015 North West Regional Championships	Manchester		1
31.23	432	H	11/04/15	Stockport Metro April LC Open Meet	Stockport		1
31.31	428	H	21/03/15	Lancashire County Age Groups & Championships	Manchester		1
31.56	418	F	20/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Southport	1
32.90	369	H	15/03/14	Lancashire County Championships	Manchester	Southport	1
33.67	344	F	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Southport	1
35.27	299	H	09/03/13	Lancashire Age Group County Championships	Manchester	Southport	1
37.28	254	H	17/03/12	Lancashire County Championships	Manchester	Southport	1

Swims in Date Order

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