## **Individual Best Times (All Time)**

Joe Cooper - (738618) - Team Ipswich Swimming - 1500 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time     | WA Pts | Round | Date     | Meet   | Venue         | Club Swam Under | Level |
|----------|--------|-------|----------|--|---------------|-----------------|-------|
| 17:01.96 | 619    | Н     | 22/01/22 | Swim England Suffolk County Championships 2022 | Norwich       | teamipswich     | 1     |
| 17:07.20 | 609    | Н     | 18/01/20 | Suffolk ASA County Championships 2020          | Norwich       | teamipswich     | 1     |
| 17:07.20 | 609    | Н     | 18/01/20 | Suffolk ASA County Championships 2019          | Ipswich       | teamipswich     | 2     |
| 17:22.35 | 583    | Н     | 01/08/18 | Swim England National Summer Meet              | Sheffield     | teamipswich     | 1     |
| 17:32.55 | 566    | Н     | 05/05/19 | Swim England East Region Long Course Champs    | Inspire Luton | teamipswich     | 1     |
| 17:34.74 | 563    | Н     | 20/01/18 | Norfolk County Championships 2018              | Norwich       | teamipswich     | 1     |
| 17:34.74 | 563    | F     | 20/01/18 | Suffolk County Championships 2018              | Norwich       | teamipswich     | 1     |
| 17:36.06 | 561    | Н     | 19/01/19 | Suffolk County Championships 2019              | Norwich       | teamipswich     | 1     |
| 17:39.27 | 555    | Н     | 03/11/17 | East Region Winter Championships               | Norwich       | teamipswich     | 1     |
| 17:45.63 | 546    | Н     | 28/05/18 | East Swimming Long Course Championships 2018   | Luton         | teamipswich     | 1     |
| 18:04.48 | 518    | Н     | 14/05/17 | City of Sheffield No Frills Meet               | Sheffield     | teamipswich     | 1     |
| 18:06.62 | 515    | Н     | 29/05/17 | ASA East Region Long Course Championships      | Norwich       | teamipswich     | 1     |
| 21:21.41 | 314    | F     | 30/01/16 | Suffolk County Championships 2016              | Norwich       | teamipswich     | 1     |
|          |        |       |          |  |               |                 |       |

## Swims in Date Order

| Time                     | WA Pts   | Round | Date     | Meet   | Venue         | Club Swam Under              | Level       |
|--------------------------|----------|-------|----------|--|---------------|------------------------------|-------------|
| 17:01.96                 | 619      | Н     | 22/01/22 | Swim England Suffolk County Championships 2022 | Norwich       | teamipswich                  | 1           |
| 17:07.20                 | 609      | Н     | 18/01/20 | Suffolk ASA County Championships 2020          | Norwich       | teamipswich                  | 1           |
| 17:07.20                 | 609      | Н     | 18/01/20 | Suffolk ASA County Championships 2019          | Ipswich       | teamipswich                  | 2           |
| 17:32.55                 | 566      | Н     | 05/05/19 | Swim England East Region Long Course Champs    | Inspire Luton | teamipswich                  | 1           |
| 17:36.06                 | 561      | Н     | 19/01/19 | Suffolk County Championships 2019              | Norwich       | teamipswich                  | 1           |
| 17:22.35                 | 583      | Н     | 01/08/18 | Swim England National Summer Meet              | Sheffield     | teamipswich                  | 1           |
| 17:45.63                 | 546      | Н     | 28/05/18 | East Swimming Long Course Championships 2018   | Luton         | teamipswich                  | 1           |
| 17:34.74                 | 563      | F     | 20/01/18 | Suffolk County Championships 2018              | Norwich       | teamipswich                  | 1           |
| 17:34.74                 | 563      | Н     | 20/01/18 | Norfolk County Championships 2018              | Norwich       | teamipswich                  | 1           |
| 17:39.27<br>Dyright 2024 | 555<br>4 | Н     | 03/11/17 | East Region Winter Championships               | Norwich       | teamipswich Powered By SPORT | 1<br>FSYSTE |

|          |     |   |          |   |           |             | Page 2 / 2 |
|----------|-----|---|----------|---|-----------|-------------|------------|
| 18:06.62 | 515 | Н | 29/05/17 | ASA East Region Long Course Championships | Norwich   | teamipswich | 1          |
| 18:04.48 | 518 | Н | 14/05/17 | City of Sheffield No Frills Meet          | Sheffield | teamipswich | 1          |
| 21:21.41 | 314 | F | 30/01/16 | Suffolk County Championships 2016         | Norwich   | teaminswich | 1          |

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