## **Individual Best Times (All Time)**

lestyn Francis - (735801) - Rhondda Cynon Taf Performance Sw - 100 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:38.33	193	F	21/09/13	British Gas Swim Wales Legends Meet	Swansea		3
1:39.44	187	F	24/02/13	City of Cardiff Closed Invitational Meet	Cardiff		4
1:41.84	174	F	11/01/14	British Gas Swim Wales New Year Meet	Swansea		1
1:47.80	146	F	26/02/12	City of Cardiff Invitational Meet	Cardiff		4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:41.84	174	F	11/01/14	British Gas Swim Wales New Year Meet	Swansea		1
1:38.33	193	F	21/09/13	British Gas Swim Wales Legends Meet	Swansea		3
1:39.44	187	F	24/02/13	City of Cardiff Closed Invitational Meet	Cardiff		4
1:47.80	146	F	26/02/12	City of Cardiff Invitational Meet	Cardiff		4

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