

Individual Best Times (All Time)

Iestyn Francis - (735801) - Rhondda Cynon Taf Performance Sw - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.31	384	F	03/10/15	RTC Performance Swim Squad Open	Cardiff	RCT Squad	1
2:26.10	340	F	12/01/14	British Gas Swim Wales New Year Meet	Swansea		1
2:28.46	324	F	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol		3
2:37.94	269	F	23/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff		3
2:39.83	259	H	02/08/13	Swim Wales Summer Nationals	Swansea		1
2:40.45	256	F	21/09/13	British Gas Swim Wales Legends Meet	Swansea		3
3:30.05	114	F	23/10/10	3 Towers Open Meet	Millfield		3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.31	384	F	03/10/15	RTC Performance Swim Squad Open	Cardiff	RCT Squad	1
2:28.46	324	F	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol		3
2:26.10	340	F	12/01/14	British Gas Swim Wales New Year Meet	Swansea		1
2:40.45	256	F	21/09/13	British Gas Swim Wales Legends Meet	Swansea		3
2:39.83	259	H	02/08/13	Swim Wales Summer Nationals	Swansea		1
2:37.94	269	F	23/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff		3
3:30.05	114	F	23/10/10	3 Towers Open Meet	Millfield		3