

Individual Best Times (All Time)

Iestyn Francis - (735801) - Rhondda Cynon Taf Performance Sw - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:00.57	463	H	27/07/15	Swim Wales Summer Open Meet	Swansea		1
1:02.04	430	F	03/10/15	RTC Performance Swim Squad Open	Cardiff	RCT Squad	1
1:06.12	355	F	12/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol		3
1:06.82	344	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff		1
1:07.83	329	H	01/08/13	Swim Wales Summer Nationals	Swansea		1
1:08.17	324	F	22/09/13	British Gas Swim Wales Legends Meet	Swansea		3
1:09.85	301	F	24/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff		3
1:10.62	292	H	18/05/13	Swim Swansea Annual LC Meet	Swansea		1
1:10.65	291	F	11/01/14	British Gas Swim Wales New Year Meet	Swansea		1
1:13.71	256	F	26/02/12	City of Cardiff Invitational Meet	Cardiff		4
1:13.97	254	H	17/06/12	Cardiff International Open Meet	Cardiff		1
1:15.35	240	F	25/03/12	Tiger Bay Open Meet	Cardiff		1

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