

Individual Best Times (All Time)

Iestyn Francis - (735801) - Rhondda Cynon Taf Performance Sw - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:12.21	276	F	11/01/14	British Gas Swim Wales New Year Meet	Swansea		1
6:24.68	250	F	21/09/13	British Gas Swim Wales Legends Meet	Swansea		3

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