

Individual Best Times (All Time)

Iestyn Francis - (735801) - Rhondda Cynon Taf Performance Sw - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:52.98	286	F	10/01/14	British Gas Swim Wales New Year Meet	Swansea		1
2:54.74	277	F	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol		3
3:00.37	252	F	24/02/13	City of Cardiff Closed Invitational Meet	Cardiff		4
3:00.82	250	F	22/09/13	British Gas Swim Wales Legends Meet	Swansea		3
3:02.00	245	F	24/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff		3
3:18.77	188	F	26/02/12	City of Cardiff Invitational Meet	Cardiff		4
4:08.19	96	F	24/10/10	3 Towers Open Meet	Millfield		3

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