

# Individual Best Times (All Time)

Iestyn Francis - (735801) - Rhondda Cynon Taf Performance Sw - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.92	313	F	03/10/15	RTC Performance Swim Squad Open	Cardiff	RCT Squad	1
1:22.22	247	F	12/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol		3
1:29.68	190	F	24/02/13	City of Cardiff Closed Invitational Meet	Cardiff		4
1:29.84	189	F	21/09/13	British Gas Swim Wales Legends Meet	Swansea		3
1:35.81	156	F	26/02/12	City of Cardiff Invitational Meet	Cardiff		4

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