

Individual Best Times (All Time)

Iestyn Francis - (735801) - Rhondda Cynon Taf Performance Sw - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
37.32	251	F	03/10/15	RTC Performance Swim Squad Open	Cardiff	RCT Squad	1
40.66	194	F	24/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff		3
40.91	190	F	20/09/13	British Gas Swim Wales Legends Meet	Swansea		3
41.40	184	F	24/02/13	City of Cardiff Closed Invitational Meet	Cardiff		4
43.67	156	H	23/09/12	City of Sheffield Teaspoon Gala	Sheffield		3
43.82	155	F	25/03/12	Tiger Bay Open Meet	Cardiff		1
43.91	154	F	26/02/12	City of Cardiff Invitational Meet	Cardiff		4
45.94	134	H	18/09/11	City of Sheffield Teaspoon Gala	Sheffield		4
54.42	81	F	23/10/10	3 Towers Open Meet	Millfield		3

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