

Individual Best Times (All Time)

Jan Salcedo - (735735) - Bushey Amateur Swimming Club - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------------------|-----------|-----------------|-------|
| 2:31.30 | 404 | H | 17/11/13 | Team Luton Autumn LC Open Meet | Luton | Watford SC | 1 |
| 2:31.91 | 399 | H | 04/05/14 | ASA East Region Youth Championships | Luton | Watford SC | 1 |
| 2:39.45 | 345 | H | 18/11/12 | Team Luton Inaugural Long Course Meet | Luton | Watford SC | 1 |
| 2:48.55 | 292 | H | 30/10/11 | Rushmoor Royals 9th Autumn Open Meet | Aldershot | Watford SC | 1 |

Swims in Date Order

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|---------|--------|-------|----------|---------------------------------------|-----------|-----------------|-------|
| 2:31.91 | 399 | H | 04/05/14 | ASA East Region Youth Championships | Luton | Watford SC | 1 |
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