

Individual Best Times (All Time)

Aaron Hird - (735419) - City Of Milton Keynes - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:07.91	365	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
5:12.68	348	F	30/07/13	Swim Wales Summer Nationals	Swansea	Team Luton	1

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