

Individual Best Times (All Time)

Tilly Arrand - (733149) - Armthorpe & District SC - 200 Breaststroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-----------------------------------|-------|-----------------|-------|
| 3:38.94 | 247 | H | 23/02/13 | Yorkshire Age Group Championships | Leeds | Donc Dartes | 1 |

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