

# Individual Best Times (All Time)

Charlie Humphries - (732263) - Worksop Dolphins SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:00.61	765	H	18/04/17	British Swimming Championships 2017	Sheffield	Co Sheffield	1
4:02.24	749	F	25/07/17	British Summer Championships	Sheffield	Co Sheffield	1
4:02.31	749	F	18/04/17	British Swimming Championships 2017	Sheffield	Co Sheffield	1
4:03.09	741	H	25/07/17	British Summer Championships	Sheffield	Co Sheffield	1
4:03.89	734	H	26/07/16	British Summer Championships	Sheffield	Co Sheffield	1
4:04.47	729	F	14/04/15	British Championships 2015	London		1
4:05.01	724	H	14/04/15	British Championships 2015	London		1
4:06.15	714	H	12/04/16	British Championships 2016	Glasgow	Nova Cent'n	1
4:06.22	714	F	02/08/15	British Summer Championships	Sheffield		1
4:07.90	699	H	02/08/15	British Summer Championships	Sheffield		1
4:08.35	695	H	04/03/17	FFN Golden Tour Open de la Mediterranee	Marseille		1
4:08.69	692	F	11/03/16	Edinburgh International Meet	Edinburgh	Nova Cent'n	1
4:08.94	690	H	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	Co Sheffield	1
4:09.01	690	F	04/02/17	Yorkshire SA County Championships	Leeds	Co Sheffield	1
4:09.35	687	H	07/02/15	Derventio Excel February Festival	Sheffield		1
4:09.67	684	F	04/03/17	FFN Golden Tour Open de la Mediterranee	Marseille		1
4:10.57	677	H	01/07/16	Scottish National Open Championships	Glasgow	Co Sheffield	1
4:10.84	675	H	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield		1
4:10.92	674	H	03/05/15	Midland Swimming Spring Championships 2015	Corby		1
4:11.72	668	F	15/03/15	Edinburgh International 2015	Edinburgh	Nova Cent'n	1
4:12.18	664	H	04/02/17	Yorkshire SA County Championships	Leeds	Co Sheffield	1
4:14.73	644	H	26/01/14	Central Zonal Meet 2014	Corby	Nova Cent'n	1
4:15.15	641	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield		1
4:15.69	637	H	21/12/13	Co Leeds Christmas Meet 2013	Leeds	Nova Cent'n	1
4:16.05	634	H	30/06/13	ESSA National Inter-Divisional Meet 2013	Liverpool	Nova Cent'n	1
4:16.25	633	H	26/07/13	BG ASA National Age Groups 2013	Sheffield	Nova Cent'n	1
4:16.40	632	H	10/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield		1

4:16.40	632	F	10/01/13	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield		
4:16.44	632	F	26/01/14	Central Zonal Meet 2014	Corby	Nova Cent'n	1
4:16.56	631	C	01/07/16	Scottish National Open Championships	Glasgow	Co Sheffield	1
4:17.02	627	H	19/04/14	City of Leeds National Qualifying Meet 2014	Leeds	Nova Cent'n	1
4:17.29	625	H	31/05/14	City of Sheffield No Frills Meet	Sheffield		1
4:17.54	623	H	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Nova Cent'n	1
4:17.87	621	H	31/01/16	18th Luxembourg Euro-Meet 2016	Luxembourg		1
4:18.03	620	H	09/02/14	Derventio Excel February Festival	Sheffield	Nova Cent'n	1
4:18.56	616	H	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	Nova Cent'n	1
4:18.61	616	F	26/07/13	BG ASA National Age Groups 2013	Sheffield	Nova Cent'n	1
4:19.60	609	H	11/01/14	City of Derby Long Course L1 Meet	Sheffield	Nova Cent'n	1
4:20.26	604	F	21/12/13	Co Leeds Christmas Meet 2013	Leeds	Nova Cent'n	1
4:20.27	604	F	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Nova Cent'n	1
4:22.29	590	H	01/06/13	Midland Age Group Championships 2013	Coventry	Nova Cent'n	1
4:22.57	588	H	12/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Nova Cent'n	1
4:24.93	573	H	27/01/13	ASA Central Region Zonal Competition	Corby	Nova Cent'n	1
4:26.57	562	H	10/02/13	Derventio February Festival	Sheffield	Nova Cent'n	1
4:30.28	539	H	03/11/12	City of Coventry November Open Meet	Coventry	Nova Cent'n	1
4:31.66	531	H	06/10/12	32nd Robin Hood Open Meet	Sheffield	Nova Cent'n	1
4:38.44	493	H	02/06/12	Midlands Age Group Championships	Coventry	Nova Cent'n	1
4:49.78	438	H	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	Nova Cent'n	1
4:52.24	427	H	17/12/11	Northampton Winter Festival Open Meet	Corby	Nova Cent'n	1
4:57.85	403	H	05/11/11	City of Coventry November Open Meet	Coventry	Nova Cent'n	1
5:01.78	387	H	01/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	Nova Cent'n	1
5:09.77	358	H	25/04/11	Radford Easter Open Meet	Sheffield	Nova Cent'n	1
5:12.70	348	H	15/05/11	Rotherham Metro Level One Meet	Sheffield	Nova Cent'n	1

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