

# Individual Best Times (All Time)

Lauren Avis - (732166) - Linslade Crusaders Swimming Club - 200 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:17.78	336	H	21/03/15	Bedfordshire ASA County Championships	Luton		1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:17.78	336	H	21/03/15	Bedfordshire ASA County Championships	Luton		1