

# Individual Best Times (All Time)

Lauren Avis - (732166) - Linslade Crusaders Swimming Club - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:44.08	454	H	22/03/15	Bedfordshire ASA County Championships	Luton		1
2:46.39	435	H	28/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
2:46.39	435	H	28/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
2:46.83	432	H	14/02/16	Bedfordshire Age Group & County Champs	Luton	Linslade	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:46.39	435	H	28/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
2:46.39	435	H	28/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
2:46.83	432	H	14/02/16	Bedfordshire Age Group & County Champs	Luton	Linslade	1
2:44.08	454	H	22/03/15	Bedfordshire ASA County Championships	Luton		1