

Individual Best Times (All Time)

Lauren Avis - (732166) - Linslade Crusaders Swimming Club - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.52	459	H	08/03/15	Bedfordshire ASA County Championships	Luton		1
2:42.95	431	H	31/01/16	Bedfordshire Age Group & County Champs	Luton	Linslade	1
2:42.95	431	H	31/01/16	Bedfordshire Age Group & County Champs	Luton	Linslade	1
2:43.43	427	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
2:43.43	427	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:43.43	427	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
2:43.43	427	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
2:42.95	431	H	31/01/16	Bedfordshire Age Group & County Champs	Luton	Linslade	1
2:42.95	431	H	31/01/16	Bedfordshire Age Group & County Champs	Luton	Linslade	1
2:39.52	459	H	08/03/15	Bedfordshire ASA County Championships	Luton		1