

Individual Best Times (All Time)

Lauren Avis - (732166) - Linslade Crusaders Swimming Club - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.14	480	H	24/03/18	Team Luton March Long Course Meet 2018	Luton	Linslade	1
30.33	471	H	21/03/15	Bedfordshire ASA County Championships	Luton		1
30.62	458	H	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Linslade	1
30.76	452	H	13/02/16	Bedfordshire Age Group & County Champs	Luton	Linslade	1
30.82	449	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
30.82	449	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
31.38	425	H	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	Linslade	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.38	425	H	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	Linslade	1
30.14	480	H	24/03/18	Team Luton March Long Course Meet 2018	Luton	Linslade	1
30.62	458	H	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Linslade	1
30.82	449	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
30.82	449	H	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Linslade	1
30.76	452	H	13/02/16	Bedfordshire Age Group & County Champs	Luton	Linslade	1
30.33	471	H	21/03/15	Bedfordshire ASA County Championships	Luton		1