

Individual Best Times (All Time)

Ailsa Timoney - (727938) - Warrender Baths Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:37.89	607	F	07/08/14	Swim Wales Summer Nationals 2014	Swansea	Warrender Ba	1
4:40.37	591	H	01/02/14	East District Open incorporating Grand Prix	Edinburgh	Warrender Ba	1
4:42.02	581	H	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Warrender Ba	1
4:42.19	580	F	31/01/15	Brodies Scottish Schools Championships	Aberdeen		1
4:42.57	578	H	31/05/14	North District SASA Grand Prix	Aberdeen	Warrender Ba	1
4:43.63	571	H	17/01/15	SASA West District Grand Prix	Glasgow	Warrender Ba	1
4:45.58	559	F	13/03/15	Edinburgh International 2015	Edinburgh	Warrender Ba	1
4:45.84	558	H	27/06/15	Scottish National Open Championships	Glasgow	Warrender Ba	1
4:46.08	556	H	30/05/15	East District Open with SASA Grand Prix	Edinburgh	Warrender Ba	1
4:49.91	535	H	01/06/13	East District Open & Grand Prix Round 3	Edinburgh	Warrender Ba	1
4:50.44	532	F	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	Warrender Ba	1
4:53.76	514	H	15/06/13	Scottish Gas National Open Championships	Glasgow	Warrender Ba	1
4:56.24	501	H	12/04/13	SG National Age Group Championships	Edinburgh	Warrender Ba	1
4:57.24	496	H	20/07/13	Irish Age Group Championships	Dublin	Warrender Ba	1
4:57.66	494	H	12/05/13	Celtic Tri Nations 2013	East Kilbride	Warrender Ba	1
5:03.40	466	F	04/04/12	SG National Open Age Group Championships	Sunderland	Warrender Ba	1

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