

Individual Best Times (All Time)

Lara Reed - (723713) - Oxford University SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|--------------|-----------------|-------|
| 37.77 | 460 | F | 19/04/15 | Crawley Spring LC Open Meet 2015 | Crawley | Wycombe Dist | 1 |
| 38.01 | 451 | H | 19/07/15 | Wycombe District End of Season Meet | Wycombe | Wycombe Dist | 3 |
| 38.04 | 450 | F | 12/04/15 | Guildford City Inaugural Level 1 Long Course Meet | Guildford | Wycombe Dist | 1 |
| 38.20 | 444 | F | 13/03/16 | Wycombe Inaugural LC Premier Meet | Wycombe | Wycombe Dist | 1 |
| 38.27 | 442 | H | 07/06/14 | Cardiff International Open Meet | Cardiff | Wycombe Dist | 1 |
| 38.33 | 440 | F | 13/04/14 | Crawley Spring Open Meet | Crawley | Wycombe Dist | 1 |
| 38.39 | 438 | H | 28/06/15 | Scottish National Open Championships | Glasgow | Wycombe Dist | 1 |
| 38.41 | 437 | H | 20/12/14 | Derwentio Excel 2nd Christmas Cracker | Sheffield | Wycombe Dist | 1 |
| 38.46 | 435 | F | 19/07/15 | Wycombe District End of Season Meet | Wycombe | Wycombe Dist | 3 |
| 38.73 | 426 | H | 28/05/16 | City of Cardiff Open Meet | Cardiff | Wycombe Dist | 1 |
| 38.82 | 423 | H | 22/12/13 | Derwentio eXcel Christmas Cracker Meet | Sheffield | Wycombe Dist | 1 |
| 38.83 | 423 | F | 27/02/16 | Aquae Sulis Spring Grand Prix | Bristol | Wycombe Dist | 1 |
| 39.20 | 411 | F | 17/11/13 | Crawley Not So Early Bird Meet | Crawley | Wycombe Dist | 1 |
| 39.48 | 402 | F | 25/03/12 | Tiger Bay Open Meet | Cardiff | Wycombe Dist | 1 |
| 39.62 | 398 | F | 22/09/13 | Wycombe District SC Club Championships | Wycombe | Wycombe Dist | 4 |
| 39.64 | 398 | F | 07/02/15 | Wycombe February Sprint 2015 | High Wycombe | Wycombe Dist | 3 |
| 39.77 | 394 | F | 19/09/15 | Wycombe District Swim Club Club Championships | Wycombe | Wycombe Dist | 4 |
| 39.81 | 392 | F | 09/02/14 | Wycombe District Annual LC Open Meet | Wycombe | Wycombe Dist | 1 |
| 39.84 | 392 | F | 13/07/13 | Wycombe District SC End of Season Meet | Wycombe | Wycombe Dist | 3 |
| 39.98 | 388 | F | 21/09/14 | Wycombe District Club Gala | Wycombe | Wycombe Dist | 4 |
| 40.13 | 383 | F | 14/04/13 | Crawley SC Spring Long Course Open Meet | Crawley | Wycombe Dist | 1 |
| 40.25 | 380 | F | 17/02/13 | Wycombe District Annual LC Open Meet | Wycombe | Wycombe Dist | 1 |
| 40.32 | 378 | F | 11/05/13 | Wycombe District SC 7th Annual LC Sprint | Wycombe | Wycombe Dist | 3 |
| 40.55 | 371 | F | 18/11/12 | Crawley Not So Early Bird Meet | Crawley | Wycombe Dist | 1 |
| 40.58 | 371 | F | 17/11/12 | Wycombe District Club Championships | Wycombe | Wycombe Dist | 4 |
| 41.20 | 354 | F | 12/05/12 | Wycombe SC Annual Open Spring Meet | Handy Cross | Wycombe Dist | 3 |
| 41.05 | 332 | F | 10/11/11 | Wycombe Club Championships | Handy Cross | Wycombe Dist | 4 |

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|-------|-----|---|----------|--|--------------|--------------|---|
| 42.03 | 333 | F | 19/11/11 | Wycombe Club Championships | Handy Cross | Wycombe Dist | |
| 42.84 | 315 | F | 15/10/11 | Wycombe District SC Annual B C Meet | High Wycombe | Wycombe Dist | 3 |
| 43.66 | 297 | H | 08/05/11 | City of Coventry May Open Meet | Coventry | Wycombe Dist | 1 |
| 43.80 | 295 | F | 28/11/10 | Welsh Capital One Meet | Cardiff | Wycombe Dist | 2 |
| 43.85 | 294 | F | 13/02/11 | Wycombe District Annual Long Course Meet | High Wycombe | Wycombe Dist | 1 |
| 45.34 | 266 | | 15/05/10 | Wycombe District Sprint Meet | High Wycombe | Wycombe Dist | 3 |
| 45.83 | 257 | | 16/10/10 | Wycombe District BC Meet | Wycombe | Wycombe Dist | 3 |
| 46.70 | 243 | F | 11/04/10 | Tiger Bay Open Meet | Cardiff | Wycombe Dist | 3 |
| 49.42 | 205 | | 17/10/09 | Wycombe District BC Meet | High Wycombe | Wycombe Dist | 3 |
| 59.20 | 119 | | 18/10/08 | Wycombe District BC Meet | Wycombe | Wycombe Dist | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|--------------|-----------------|-------|
| 38.73 | 426 | H | 28/05/16 | City of Cardiff Open Meet | Cardiff | Wycombe Dist | 1 |
| 38.20 | 444 | F | 13/03/16 | Wycombe Inaugural LC Premier Meet | Wycombe | Wycombe Dist | 1 |
| 38.83 | 423 | F | 27/02/16 | Aquae Sulis Spring Grand Prix | Bristol | Wycombe Dist | 1 |
| 39.77 | 394 | F | 19/09/15 | Wycombe District Swim Club Club Championships | Wycombe | Wycombe Dist | 4 |
| 38.46 | 435 | F | 19/07/15 | Wycombe District End of Season Meet | Wycombe | Wycombe Dist | 3 |
| 38.01 | 451 | H | 19/07/15 | Wycombe District End of Season Meet | Wycombe | Wycombe Dist | 3 |
| 38.39 | 438 | H | 28/06/15 | Scottish National Open Championships | Glasgow | Wycombe Dist | 1 |
| 37.77 | 460 | F | 19/04/15 | Crawley Spring LC Open Meet 2015 | Crawley | Wycombe Dist | 1 |
| 38.04 | 450 | F | 12/04/15 | Guildford City Inaugural Level 1 Long Course Meet | Guildford | Wycombe Dist | 1 |
| 39.64 | 398 | F | 07/02/15 | Wycombe February Sprint 2015 | High Wycombe | Wycombe Dist | 3 |
| 38.41 | 437 | H | 20/12/14 | Derventio Excel 2nd Christmas Cracker | Sheffield | Wycombe Dist | 1 |
| 39.98 | 388 | F | 21/09/14 | Wycombe District Club Gala | Wycombe | Wycombe Dist | 4 |
| 38.27 | 442 | H | 07/06/14 | Cardiff International Open Meet | Cardiff | Wycombe Dist | 1 |
| 38.33 | 440 | F | 13/04/14 | Crawley Spring Open Meet | Crawley | Wycombe Dist | 1 |
| 39.81 | 392 | F | 09/02/14 | Wycombe District Annual LC Open Meet | Wycombe | Wycombe Dist | 1 |
| 38.82 | 423 | H | 22/12/13 | Derventio eXcel Christmas Cracker Meet | Sheffield | Wycombe Dist | 1 |
| 39.20 | 411 | F | 17/11/13 | Crawley Not So Early Bird Meet | Crawley | Wycombe Dist | 1 |
| 39.62 | 398 | F | 22/09/13 | Wycombe District SC Club Championships | Wycombe | Wycombe Dist | 4 |
| 39.84 | 392 | F | 13/07/13 | Wycombe District SC End of Season Meet | Wycombe | Wycombe Dist | 3 |
| 40.32 | 378 | F | 11/05/13 | Wycombe District SC 7th Annual LC Sprint | Wycombe | Wycombe Dist | 3 |
| 40.13 | 383 | F | 14/04/13 | Crawley SC Spring Long Course Open Meet | Crawley | Wycombe Dist | 1 |
| 40.25 | 380 | F | 17/02/13 | Wycombe District Annual LC Open Meet | Wycombe | Wycombe Dist | 1 |
| 40.55 | 371 | F | 18/11/12 | Crawley Not So Early Bird Meet | Crawley | Wycombe Dist | 1 |
| 40.58 | 371 | F | 17/11/12 | Wycombe District Cub Championships | Wycombe | Wycombe Dist | 4 |
| 41.20 | 354 | F | 12/05/12 | Wycombe SC Annual Open Spring Meet | Handy Cross | Wycombe Dist | 3 |
| 39.48 | 402 | F | 25/03/12 | Tiger Bay Open Meet | Cardiff | Wycombe Dist | 1 |
| 42.05 | 333 | F | 19/11/11 | Wycombe Club Championships | Handy Cross | Wycombe Dist | 4 |
| 42.84 | 315 | F | 15/10/11 | Wycombe District SC Annual B C Meet | High Wycombe | Wycombe Dist | 3 |
| 43.66 | 297 | H | 08/05/11 | City of Coventry May Open Meet | Coventry | Wycombe Dist | 1 |
| 43.85 | 294 | F | 13/02/11 | Wycombe District Annual Long Course Meet | High Wycombe | Wycombe Dist | 1 |
| 43.80 | 295 | F | 28/11/10 | Welsh Capital One Meet | Cardiff | Wycombe Dist | 2 |
| 45.83 | 257 | | 16/10/10 | Wycombe District BC Meet | Wycombe | Wycombe Dist | 3 |
| 45.34 | 266 | | 15/05/10 | Wycombe District Sprint Meet | High Wycombe | Wycombe Dist | 3 |
| 46.70 | 243 | F | 11/04/10 | Tiger Bay Open Meet | Cardiff | Wycombe Dist | 3 |
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