

Individual Best Times (All Time)

Christie Woods - (716389) - City Of Peterborough SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:34.45	630	F	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:34.69	629	H	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield		1
4:35.43	624	F	30/05/15	Cardiff International Open Meet 2015	Cardiff	Co Peterboro	1
4:36.33	618	H	01/06/14	City of Sheffield No Frills Meet	Sheffield	Co Peterboro	1
4:38.24	605	H	09/08/15	ASA Summer Nationals 2015	Sheffield		1
4:38.62	602	H	02/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
4:39.41	597	H	17/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	Co Peterboro	1
4:40.42	591	F	06/02/16	UEA City of Norwich Groundhog Meet 2016	Norwich	Co Peterboro	1
4:40.87	588	H	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield		3
4:41.95	581	H	03/08/14	BG ASA National Age Groups Champs 2014	Sheffield		1
4:42.04	581	H	08/02/15	Derventio Excel February Festival	Sheffield		1
4:42.27	579	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Co Peterboro	1
4:42.28	579	H	08/06/14	BGASA East Region Championships 2014	Norwich	Co Peterboro	1
4:42.34	579	F	21/12/14	City of Leeds Christmas Meet	Leeds		1
4:42.61	577	H	16/05/15	Northampton Spring Festival	Corby		1
4:44.36	567	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Co Peterboro	1
4:44.57	565	H	21/12/14	City of Leeds Christmas Meet	Leeds		1
4:45.22	562	H	05/10/14	Robin Hood Open Meet 2014	Sheffield		1
4:46.48	554	H	09/02/14	16th Luxembourg Euro-Meet 2014	Luxembourg	Co Peterboro	1
4:46.48	554	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Co Peterboro	1
4:48.40	543	H	08/12/13	ASA East Regionals Winter Championships	Norwich	Co Peterboro	1
4:49.65	536	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Co Peterboro	1
4:49.98	534	H	02/06/13	BGASA East Region Age Group Champs	Norwich	Co Peterboro	1
4:51.83	524	H	06/10/13	The Robin Hood Open Meet 2013	Sheffield	Co Peterboro	1
4:52.35	521	H	30/04/16	ASA East Region Long Course Championships	Norwich	Co Peterboro	1
5:10.31	436	H	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Co Peterboro	1
5:11.20	420	H	06/10/13	20th Robin Hood Open Meet	Sheffield	Co Peterboro	1

5:14.30	420	H	06/10/12	32nd Robin Hood Open Meet	Sheffield	Co Peterboro	1
5:19.11	401	F	08/04/12	UEA City of Norwich Easter Meet	Norwich	Co Peterboro	1

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