## **Individual Best Times (All Time)**

Kieran Williams - (716212) - City of Swansea Aquatics Club - 400 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                          | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------------|---------|-----------------|-------|
| 4:51.07 | 432    | F     | 30/07/13 | Swim Wales Summer Nationals   | Swansea | Swansea Aq      | 1     |
| 4:55.55 | 412    | F     | 19/05/13 | Swim Swansea Annual LC Meet   | Swansea | Swansea Aq      | 1     |
| 5:21.99 | 319    | F     | 13/05/12 | Swim Swansea Long Course Meet | Swansea | Swansea Aq      | 1     |
| 5:31.67 | 292    | F     | 22/07/12 | Welsh Summer National 2012    | Swansea | Swansea Aq      | 1     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                          | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------------|---------|-----------------|-------|
| 4:51.07 | 432    | F     | 30/07/13 | Swim Wales Summer Nationals   | Swansea | Swansea Aq      | 1     |
| 4:55.55 | 412    | F     | 19/05/13 | Swim Swansea Annual LC Meet   | Swansea | Swansea Aq      | 1     |
| 5:31.67 | 292    | F     | 22/07/12 | Welsh Summer National 2012    | Swansea | Swansea Aq      | 1     |
| 5:21.99 | 319    | F     | 13/05/12 | Swim Swansea Long Course Meet | Swansea | Swansea Aq      | 1     |

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