

# Individual Best Times (All Time)

Louis Harwood - (715364) - Ellesmere Port SC - 100 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:34.95	160	H	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	Wirral Metro	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:34.95	160	H	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	Wirral Metro	3