

# Individual Best Times (All Time)

Emily Sloan - (710329) - Pembrokeshire County Swimming - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:53.27	295	F	15/05/10	Swim Swansea Long Course	Swansea	Pembs Cty	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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