

Individual Best Times (All Time)

Vincent Ryan - (707547) - Bracknell & Wokingham SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:20.54	433	F	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	Wycombe Dist	1
5:22.83	423	F	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	Wycombe Dist	1
5:27.73	405	H	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
5:32.63	387	F	15/11/14	Aquae Sulis Grand Prix	Bristol	Windsor	1
5:34.62	380	F	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	Wycombe Dist	4
5:40.52	361	F	14/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	Windsor	3
5:41.45	358	F	09/02/14	Wycombe District Annual LC Open Meet	Wycombe	Windsor	1
5:41.79	357	F	16/11/13	City of Cardiff Capital Open Meet	Cardiff	Windsor	1
6:02.11	300	F	17/02/13	Wycombe District Annual LC Open Meet	Wycombe	Windsor	1
6:12.76	275	F	15/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	Windsor	3
6:25.00	249	F	10/07/11	Portsmouth Northsea Non Qualifier Meet	Portsmouth	Windsor	3
6:25.88	248		27/02/11	Hampshire County Championships	Portsmouth	Windsor	1

Swims in Date Order

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5:20.54	433	F	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	Wycombe Dist	1
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