Individual Best Times (All Time)

Arron Muir - (707454) - City Of Glasgow Swim Team - 200 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 2:32.07 | 421 | F | 05/06/16 | East Kilbride Long Course Open Age Group Meet | East Kilbride | Larkhall | 2 |
| 2:35.48 | 394 | F | 05/02/17 | 2017 SASA West District Championships | East Kilbride | Larkhall | 1 |
| 2:36.39 | 387 | Н | 13/05/17 | SASA West Dist LC Best in the West AG Meet | East Kilbride | Co Glasgow | 1 |
| 2:41.07 | 354 | Н | 08/02/15 | SASA West District JAG Championship | East Kilbride | Larkhall | 1 |
| 2:41.47 | 351 | F | 07/06/15 | East Kilbride Long Course Open Age Group Meet | East Kilbride | Larkhall | 2 |
| 2:43.10 | 341 | Н | 02/04/15 | Scottish National Age Group Championships | Aberdeen | SLanarkshire | 1 |
| 2:45.15 | 328 | F | 08/02/15 | SASA West District JAG Championship | East Kilbride | Larkhall | 1 |

Swims in Date Order

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