

Individual Best Times (All Time)

Jamie Ewart - (707257) - Aqua Force Swimming Academy Hart - 200 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.77	282	H	13/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	AFSHartlepol	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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