

# Individual Best Times (All Time)

Rami Elias - (706933) - Windsor SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:01.79	518	F	27/03/16	Portsmouth Northsea Easter Festival	Portsmouth	Windsor	1
5:03.98	507	F	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Windsor	1
5:07.49	490	H	31/03/18	Beckenham SC 125th Anniversary International Open	London	Windsor	1
5:09.12	482	F	15/11/14	Aquae Sulis Grand Prix	Bristol	Windsor	1
5:11.24	472		03/05/14	ASA South East Region Youth Championships	Crawley	Windsor	1
5:16.00	451	F	21/12/13	Hillingdon Winter Open Meet	Hillingdon	Windsor	1

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