

# Individual Best Times (All Time)

Rami Elias - (706933) - Windsor SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.52	533	F	16/11/14	Aquae Sulis Grand Prix	Bristol	Windsor	1
2:21.14	526	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Windsor	1
2:21.22	526	H	29/05/16	City of Cardiff Open Meet	Cardiff	Windsor	1
2:21.63	521	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Windsor	1
2:21.99	517	F	18/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Windsor	1
2:22.18	515	F	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Windsor	3
2:22.32	513	H	14/01/18	Berks & Sth Bucks County Championships	Wycombe	Windsor	1
2:23.14	505	H	31/05/15	ASASER Swimming Championships	Crawley	Windsor	1
2:23.24	504	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Windsor	1
2:25.12	484		04/05/14	ASA South East Region Youth Championships	Crawley	Windsor	1
2:25.21	483	H	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
2:25.52	480	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Windsor	1
2:26.78	468	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Windsor	1
2:26.95	466	F	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Windsor	1
2:27.21	464	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Windsor	1
2:29.33	444	F	14/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	Windsor	3
2:33.37	410	H	18/05/13	Northampton Spring Meet 2013	Corby	Windsor	1
2:34.79	399	F	30/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Windsor	1
2:34.93	398	F	17/02/13	Wycombe District Annual LC Open Meet	Wycombe	Windsor	1
2:39.72	363	F	18/11/12	Welsh Capital Open Meet 2012	Cardiff	Windsor	1
2:44.42	333	F	15/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	Windsor	3
2:45.69	325	H	13/05/12	Beckenham International Open Meet	London	Windsor	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.32	513	H	14/01/18	Berks & Sth Bucks County Championships	Wycombe	Windsor	1

2:21.99	517	F	18/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Windsor	1
2:21.22	526	H	29/05/16	City of Cardiff Open Meet	Cardiff	Windsor	1
2:21.14	526	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Windsor	1
2:23.24	504	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Windsor	1
2:21.63	521	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Windsor	1
2:23.14	505	H	31/05/15	ASASER Swimming Championships	Crawley	Windsor	1
2:27.21	464	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Windsor	1
2:20.52	533	F	16/11/14	Aquae Sulis Grand Prix	Bristol	Windsor	1
2:25.21	483	H	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
2:22.18	515	F	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Windsor	3
2:25.12	484		04/05/14	ASA South East Region Youth Championships	Crawley	Windsor	1
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