

Individual Best Times (All Time)

Rami Elias - (706933) - Windsor SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.05	436	F	15/11/14	Aquae Sulis Grand Prix	Bristol	Windsor	1
31.17	431	F	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Windsor	3
31.31	425		04/05/14	ASA South East Region Youth Championships	Crawley	Windsor	1
31.38	422	F	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Windsor	1
31.39	422	F	21/12/13	Hillingdon Winter Open Meet	Hillingdon	Windsor	1
31.51	417	H	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
31.61	413	F	08/02/14	Wycombe District Annual LC Open Meet	Wycombe	Windsor	1
32.33	386	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Windsor	1
32.47	381	F	31/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Windsor	1
32.62	376	F	14/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	Windsor	3
33.16	358	F	16/02/13	Wycombe District Annual LC Open Meet	Wycombe	Windsor	1
33.55	345	F	18/11/12	Welsh Capital Open Meet 2012	Cardiff	Windsor	1
34.49	318	H	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Windsor	1
34.93	306	F	08/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Windsor	1
34.94	306	H	13/05/12	Beckenham International Open Meet	London	Windsor	1
38.96	220	H	09/04/11	Bracknell & Wokingham Open Meet	Aldershot	Windsor	3
41.00	189	H	10/04/10	Bracknell & Wokingham	Aldershot	Windsor	3

Swims in Date Order

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31.05	436	F	15/11/14	Aquae Sulis Grand Prix	Bristol	Windsor	1
31.51	417	H	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
31.17	431	F	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Windsor	3
31.31	425		04/05/14	ASA South East Region Youth Championships	Crawley	Windsor	1
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