

Individual Best Times (All Time)

Ben Quirke - (706918) - Bracknell & Wokingham SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 1:15.38 | 429 | H | 07/02/15 | Derventio Excel February Festival | Sheffield | | 1 |
| 1:16.79 | 406 | | 03/05/14 | ASA South East Region Youth Championships | Crawley | Windsor | 1 |
| 1:17.22 | 399 | H | 31/05/15 | ASASER Swimming Championships | Crawley | Windsor | 1 |
| 1:17.28 | 398 | F | 03/04/15 | Portsmouth Northsea Easter Festival L1 Meet | Portsmouth | Windsor | 1 |
| 1:17.49 | 395 | F | 03/04/16 | Guildford City Springboard Level 1 Open Meet | Guildford | Bracknell | 1 |
| 1:17.77 | 391 | F | 12/04/15 | Guildford City Inaugural Level 1 Long Course Meet | Guildford | Windsor | 1 |
| 1:18.23 | 384 | H | 20/11/15 | ISA London West Regional Championships 2015 | Aldershot | | 3 |
| 1:18.31 | 383 | F | 27/02/16 | Aquae Sulis Spring Grand Prix | Bristol | Bracknell | 1 |
| 1:18.44 | 381 | H | 18/05/14 | Bracknell & Wokingham SC L1 Open Meet | Aldershot | Windsor | 1 |
| 1:18.44 | 381 | F | 12/04/15 | Guildford City Inaugural Level 1 Long Course Meet | Guildford | Windsor | 1 |
| 1:19.00 | 373 | H | 02/05/16 | ASA South East Region Swimming Championships | Portsmouth | Bracknell | 1 |
| 1:19.20 | 370 | H | 20/11/14 | ISA London West Regional Championships | Guildford | | 3 |
| 1:19.63 | 364 | H | 25/10/14 | Rushmoor Royals 11th Autumn Meet | Aldershot | | 1 |
| 1:19.75 | 362 | H | 05/07/14 | Rushmoor Royals SC Summer Open Meet | Aldershot | Windsor | 3 |
| 1:19.90 | 360 | F | 10/01/15 | Portsmouth Northsea January L1 Meet | Portsmouth | Windsor | 1 |
| 1:21.25 | 343 | F | 09/02/14 | Wycombe District Annual LC Open Meet | Wycombe | Windsor | 1 |
| 1:21.47 | 340 | F | 20/07/14 | Portsmouth Northsea SC PN End of Season Meet | Portsmouth | Windsor | 3 |
| 1:21.51 | 339 | | 25/05/13 | ASA South East Region Age Group Champs | Crawley | Windsor | 1 |
| 1:21.57 | 339 | F | 11/01/14 | Portsmouth Northsea New Year Open Meet | Portsmouth | Windsor | 1 |
| 1:21.99 | 333 | H | 20/04/13 | The National Arena Swimming League B Final | Cardiff | Windsor | 1 |
| 1:22.51 | 327 | F | 14/07/13 | Portsmouth Northsea End of Season Meet | Portsmouth | Windsor | 3 |
| 1:24.38 | 306 | F | 08/12/12 | NASLS Regional Premier Division Final | Crawley | Windsor | 1 |
| 1:32.12 | 235 | F | 15/07/12 | Portsmouth Northsea End of Season Meet | Portsmouth | Windsor | 3 |
| 1:40.04 | 183 | F | 12/02/12 | Wycombe District Open Meet 2012 | Wycombe | Windsor | 1 |

Swims in Date Order

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| 1:19.00 | 373 | H | 02/05/16 | ASA South East Region Swimming Championships | Portsmouth | Bracknell | 1 |
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