

# Individual Best Times (All Time)

Jorge Phenix-Coyne - (59632) - Arnold SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
54.26	644	H	26/05/12	City of Sheffield No Frills Gala	Sheffield	Arnold	1
54.44	637	H	05/05/12	ASA Midlands Youth Championships	Coventry	Arnold	1
54.74	627	H	04/05/14	Midland Swimming - 2014 Youth Championships	Corby	Arnold	1
55.25	610	H	28/04/12	Derventio Excel Swimming Squad 6th Open	Sheffield	Arnold	1
55.35	606	H	05/04/14	Derventio Excel 8th LC Open Meet	Sheffield	Arnold	1
55.42	604	H	04/05/13	Midland Youth Championships	Corby	Arnold	1
55.62	598	H	31/05/14	City of Sheffield No Frills Meet	Sheffield	Arnold	1
56.58	568	H	28/01/12	ASA Central Zone Meet	Corby	Arnold	1
57.57	539	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	Arnold	1
57.85	531	H	05/11/11	City of Coventry November Open Meet	Coventry	Arnold	1
59.00	501	H	30/04/11	BG Midlands Youth Championships	Coventry	Arnold	1
59.43	490	H	07/06/09	The Midlands Age Groups	Coventry	Arnold	1
59.62	485	H	01/05/10	Midland Youth Champs	Coventry	Arnold	1
59.67	484	H	05/04/10	Derventio Excel Open 2010	Sheffield	Arnold	1
59.74	482	H	16/05/10	Rotherham Metro LC Meet	Sheffield	Arnold	1
1:00.66	460	H	29/05/10	Sheffield No Frills Meet	Sheffield	Arnold	1
1:00.84	456	H	24/05/09	Rotherham Metro LC Meet	Sheffield	Arnold	1
1:01.04	452	H	02/05/09	Radford 27th Annual Open	Sheffield	Arnold	2
1:01.22	448	H	11/04/09	Derventio Excel 3rd Open	Sheffield	Arnold	1
1:01.32	446	H	30/05/09	Sheffield No Frills Meet	Sheffield	Arnold	1
1:01.47	443	H	11/01/09	City of Derby Open Meet	Sheffield	Arnold	1
1:02.54	420	H	08/06/08	Midlands Age Group Champs	Coventry	Arnold	1
1:02.81	415	H	09/05/09	Sports Aid Open Meet	Leeds	Arnold	1
1:03.42	403	H	22/03/08	City of Sheffield Premier	Sheffield	Arnold	1
1:04.18	389	H	13/01/08	City of Derby 7th LC Meet	Sheffield	Arnold	1
1:04.22	388	H	01/12/07	Snow Frills Winter Meet	Sheffield	Arnold	1
1:04.24	388	H	26/05/07	Sheffield No Frills Meet	Sheffield	Arnold	1

1:04.34	300	H	20/03/07	Sheffield No Frills Meet	Sheffield	Arnold	1
1:04.49	383	H	13/05/07	Rotherham Metro Open Meet	Sheffield	Arnold	1
1:05.16	371	H	10/06/07	East & West Midland Bagcat	Coventry	Arnold	1
1:06.74	346	H	14/04/07	Radford Silver Jubilee	Sheffield	Arnold	1
1:08.18	324	H	07/01/07	City of Derby LC Open	Sheffield	Arnold	1
1:11.21	284	H	11/06/06	Midlands Age Groups	Coventry	Arnold	1
1:18.08	216	H	11/06/05	Midland District Bagcat Champs	Coventry	Arnold	1

## Swims in Date Order

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55.62	598	H	31/05/14	City of Sheffield No Frills Meet	Sheffield	Arnold	1
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55.42	604	H	04/05/13	Midland Youth Championships	Corby	Arnold	1
54.26	644	H	26/05/12	City of Sheffield No Frills Gala	Sheffield	Arnold	1
54.44	637	H	05/05/12	ASA Midlands Youth Championships	Coventry	Arnold	1
55.25	610	H	28/04/12	Derventio Excel Swimming Squad 6th Open	Sheffield	Arnold	1
56.58	568	H	28/01/12	ASA Central Zone Meet	Corby	Arnold	1
57.85	531	H	05/11/11	City of Coventry November Open Meet	Coventry	Arnold	1
57.57	539	H	28/05/11	City of Sheffield No Frills Meet	Sheffield	Arnold	1
59.00	501	H	30/04/11	BG Midlands Youth Championships	Coventry	Arnold	1
1:00.66	460	H	29/05/10	Sheffield No Frills Meet	Sheffield	Arnold	1
59.74	482	H	16/05/10	Rotherham Metro LC Meet	Sheffield	Arnold	1
59.62	485	H	01/05/10	Midland Youth Champs	Coventry	Arnold	1
59.67	484	H	05/04/10	Derventio Excel Open 2010	Sheffield	Arnold	1
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