

Individual Best Times (All Time)

James Russen - (57578) - Norwich Swan SC - 100 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:04.51	383	H	24/02/13	BUCS Long Course 2013	Sheffield	Norwich Swan	1

Swims in Date Order

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1:04.51	383	H	24/02/13	BUCS Long Course 2013	Sheffield	Norwich Swan	1