

Individual Best Times (All Time)

James Russen - (57578) - Norwich Swan SC - 50 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.24	365	H	22/02/14	BUCS Long Course 2014	Sheffield	Norwich Swan	1

Swims in Date Order

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