

Individual Best Times (All Time)

David Ashton - (5668) - Kingston Royals SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
52.10	727	H	28/01/07	Burns Open Long Course Mt	Sheffield	SouthCroydon	1
52.34	717	H	22/04/07	7th Nat Speedo B Final	Sheffield	SouthCroydon	1
52.48	711	H	26/04/09	National Swimming League B Final	Sheffield	SouthCroydon	1
52.53	709	H	05/12/09	Co Sheffield Snow Frills	Sheffield	SouthCroydon	1
52.59	707	H	24/01/09	Burns Meet 2009	Sheffield	SouthCroydon	1
52.61	706	H	28/07/07	ASA Youth & Open 2007	Sheffield	SouthCroydon	1
52.66	704	H	08/08/05	Commonwealth Trials 2005	Sheffield	SouthCroydon	1
52.69	703	S	02/08/06	National Youth & Open 2006	Sheffield	SouthCroydon	1
52.78	699	H	02/08/06	National Youth & Open 2006	Sheffield	SouthCroydon	1
53.01	690	F	09/08/05	Commonwealth Trials 2005	Sheffield	SouthCroydon	1
53.01	690	H	27/03/07	British Championships 2007	Manchester	SouthCroydon	1
53.04	689	H	17/10/09	Lincoln Vulcans Open Meet	Sheffield	SouthCroydon	1
53.08	688	H	20/05/07	Bracknell Open Meet	Aldershot	SouthCroydon	2
53.17	684	H	02/07/10	Cardiff International Open	Cardiff	SouthCroydon	1
53.22	682	H	21/05/06	Bracknell Open Meet	Aldershot	SouthCroydon	2
53.24	681	H	20/12/09	Leeds Christmas Cracker	Leeds	SouthCroydon	1
53.33	678	H	27/03/10	City of Sheffield Premier	Sheffield	SouthCroydon	1
53.37	676		07/05/07	South East Region Youths	Aldershot	SouthCroydon	1
53.39	676		14/04/06	Leatherhead Easter Open	Crystal Palace	SouthCroydon	1
53.41	675	F	04/08/05	Commonwealth Trials 2005	Sheffield	SouthCroydon	1
53.43	674		06/04/07	Leatherhead Easter Open	Crystal Palace	SouthCroydon	2
53.45	673	H	04/08/05	Commonwealth Trials 2005	Sheffield	SouthCroydon	1
53.46	673		28/01/06	Gateshead & Whickham Meet	Sheffield	SouthCroydon	1
53.67	665		02/05/09	South East Region Champs	Aldershot	SouthCroydon	1
53.76	662	S	28/07/07	ASA Youth & Open 2007	Sheffield	SouthCroydon	1
53.82	660		02/05/09	South East Region Champs	Aldershot	SouthCroydon	1
53.83	658		28/01/06	Gateshead & Whickham LC Meet	Sheffield	SouthCroydon	1

53.92	650		29/01/05	Gateshead & Whinchatam LC Meet 2005	Sheffield	SouthCroydon	1
54.01	653	H	22/05/05	Bracknell Open Meet 2005	Aldershot	SouthCroydon	1
54.11	649		07/05/07	South East Region Youths	Aldershot	SouthCroydon	1
54.21	645	H	27/11/04	Southern Counties Winter Champ	Crystal Palace	SouthCroydon	1
54.26	644	H	29/07/09	British Gas Youth Champs	Sheffield	SouthCroydon	1
54.30	642	F	02/05/05	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
54.32	641	H	17/04/05	Bexley Long Course Meet 2005	Crystal Palace	SouthCroydon	1
54.42	638	F	27/03/10	City of Sheffield Premier	Sheffield	SouthCroydon	1
54.75	626	F	02/07/10	Cardiff International Open	Cardiff	SouthCroydon	1
54.84	623	H	16/05/10	Rotherham Metro LC Meet	Sheffield	SouthCroydon	1
54.86	623	H	23/05/04	Bracknell Open Meet 2004	Aldershot	SouthCroydon	1
54.88	622	H	31/01/10	Burns Open Meet	Sheffield	SouthCroydon	1
54.97	619	H	02/05/05	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
55.04	617	H	09/05/04	Beckenham Open Meet 2004	Crystal Palace	SouthCroydon	1
55.05	616	H	11/05/03	Beckenham Open Meet 2003	Crystal Palace	SouthCroydon	1
55.06	616	H	01/05/06	ASA South East Region	Aldershot	SouthCroydon	1
55.13	614		19/03/03	British Long Course Champs2003	Sheffield	SouthCroydon	1
55.23	610	H	05/05/03	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
55.35	606	F	24/05/03	Bracknell Open Meet	Aldershot	SouthCroydon	1
55.40	605	H	02/08/03	ASA Youth Championships 2003	Sheffield	SouthCroydon	1
55.53	600	F	05/05/03	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
55.83	591		24/01/04	Gateshead Long Course Meet	Sheffield	SouthCroydon	1
55.95	587	F	31/05/03	Guildford City Open Meet	Aldershot	SouthCroydon	1
55.98	586	H	08/05/04	Beckenham Open Meet 2004	Crystal Palace	SouthCroydon	1
56.01	585	S	02/08/03	ASA Youth Championships 2003	Sheffield	SouthCroydon	1
56.18	580	H	30/11/02	Southern Counties Winter Champ	Crystal Palace	SouthCroydon	1
56.60	567	H	31/05/03	Guildford City Open Meet	Aldershot	SouthCroydon	1
56.96	556	F	27/11/04	Southern Counties Winter Champ	Crystal Palace	SouthCroydon	1
57.86	531	H	14/04/07	Crawley Spring LC Meet	Crawley	SouthCroydon	1
58.08	525	H	03/05/04	SCASA Youth Championships 2004	Crystal Palace	SouthCroydon	1
58.40	516	H	05/05/02	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
59.28	493	H	24/05/03	Bracknell Open Meet	Aldershot	SouthCroydon	1
59.38	491	F	01/05/06	ASA South East Region	Aldershot	SouthCroydon	1
59.77	481	H	27/04/03	Speedo Inter-League Cup	Sheffield	SouthCroydon	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
54.75	626	F	02/07/10	Cardiff International Open	Cardiff	SouthCroydon	1
53.17	684	H	02/07/10	Cardiff International Open	Cardiff	SouthCroydon	1
54.84	623	H	16/05/10	Rotherham Metro LC Meet	Sheffield	SouthCroydon	1
54.42	638	F	27/03/10	City of Sheffield Premier	Sheffield	SouthCroydon	1
53.33	678	H	27/03/10	City of Sheffield Premier	Sheffield	SouthCroydon	1
54.88	622	H	31/01/10	Burns Open Meet	Sheffield	SouthCroydon	1
53.24	681	H	20/12/09	Leeds Christmas Cracker	Leeds	SouthCroydon	1
52.53	709	H	05/12/09	Co Sheffield Snow Frills	Sheffield	SouthCroydon	1
53.04	689	H	17/10/09	Lincoln Vulcans Open Meet	Sheffield	SouthCroydon	1
54.26	644	H	29/07/09	British Gas Youth Champs	Sheffield	SouthCroydon	1
53.82	660		02/05/09	South East Region Champs	Aldershot	SouthCroydon	1
53.67	665		02/05/09	South East Region Champs	Aldershot	SouthCroydon	1
52.48	711	H	26/04/09	National Swimming League B Final	Sheffield	SouthCroydon	1
52.59	707	H	24/01/09	Burns Meet 2009	Sheffield	SouthCroydon	1
53.76	662	S	28/07/07	ASA Youth & Open 2007	Sheffield	SouthCroydon	1
52.61	706	H	28/07/07	ASA Youth & Open 2007	Sheffield	SouthCroydon	1

53.08	688	H	20/05/07	Bracknell Open Meet	Aldershot	SouthCroydon	2
54.11	649		07/05/07	South East Region Youths	Aldershot	SouthCroydon	1
53.37	676		07/05/07	South East Region Youths	Aldershot	SouthCroydon	1
52.34	717	H	22/04/07	7th Nat Speedo B Final	Sheffield	SouthCroydon	1
57.86	531	H	14/04/07	Crawley Spring LC Meet	Crawley	SouthCroydon	1
53.43	674		06/04/07	Leatherhead Easter Open	Crystal Palace	SouthCroydon	2
53.01	690	H	27/03/07	British Championships 2007	Manchester	SouthCroydon	1
52.10	727	H	28/01/07	Burns Open Long Course Mt	Sheffield	SouthCroydon	1
52.69	703	S	02/08/06	National Youth & Open 2006	Sheffield	SouthCroydon	1
52.78	699	H	02/08/06	National Youth & Open 2006	Sheffield	SouthCroydon	1
53.22	682	H	21/05/06	Bracknell Open Meet	Aldershot	SouthCroydon	2
59.38	491	F	01/05/06	ASA South East Region	Aldershot	SouthCroydon	1
55.06	616	H	01/05/06	ASA South East Region	Aldershot	SouthCroydon	1
53.39	676		14/04/06	Leatherhead Easter Open	Crystal Palace	SouthCroydon	1
53.46	673		28/01/06	Gateshead & Whickham Meet	Sheffield	SouthCroydon	1
53.01	690	F	09/08/05	Commonwealth Trials 2005	Sheffield	SouthCroydon	1
52.66	704	H	08/08/05	Commonwealth Trials 2005	Sheffield	SouthCroydon	1
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54.01	653	H	22/05/05	Bracknell Open Meet 2005	Aldershot	SouthCroydon	1
54.30	642	F	02/05/05	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
54.97	619	H	02/05/05	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
54.32	641	H	17/04/05	Bexley Long Course Meet 2005	Crystal Palace	SouthCroydon	1
53.92	656		29/01/05	Gateshead & Whickham LC Mt2005	Sheffield	SouthCroydon	1
56.96	556	F	27/11/04	Southern Counties Winter Champ	Crystal Palace	SouthCroydon	1
54.21	645	H	27/11/04	Southern Counties Winter Champ	Crystal Palace	SouthCroydon	1
54.86	623	H	23/05/04	Bracknell Open Meet 2004	Aldershot	SouthCroydon	1
55.04	617	H	09/05/04	Beckenham Open Meet 2004	Crystal Palace	SouthCroydon	1
55.98	586	H	08/05/04	Beckenham Open Meet 2004	Crystal Palace	SouthCroydon	1
58.08	525	H	03/05/04	SCASA Youth Championships 2004	Crystal Palace	SouthCroydon	1
55.83	591		24/01/04	Gateshead Long Course Meet	Sheffield	SouthCroydon	1
56.01	585	S	02/08/03	ASA Youth Championships 2003	Sheffield	SouthCroydon	1
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59.28	493	H	24/05/03	Bracknell Open Meet	Aldershot	SouthCroydon	1
55.05	616	H	11/05/03	Beckenham Open Meet 2003	Crystal Palace	SouthCroydon	1
55.53	600	F	05/05/03	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
55.23	610	H	05/05/03	Southern Counties Youth Champs	Crystal Palace	SouthCroydon	1
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