

Individual Best Times (All Time)

Matthew Rishworth - (556418) - Staines Swimming Club - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:23.14	320	H	27/04/17	British Para Swimming International 2017	Sheffield		1
1:24.23	307	H	10/12/16	National Para Swimming Championships	Manchester	Staines	1
1:24.68	303	H	01/08/16	ASA Summer Nationals 2016	Sheffield	Staines	1
1:25.51	294	F	01/08/16	ASA Summer Nationals 2016	Sheffield	Staines	1
1:26.32	286	H	23/04/16	British Para-Swimming Championships	Glasgow	Staines	1
1:27.31	276	H	23/04/16	British Para-Swimming Championships	Glasgow	Staines	1
1:28.52	265	H	12/12/15	National Para Swimming	Manchester	Staines	1
1:30.15	251	H	06/08/15	ASA Summer Nationals 2015	Sheffield		1
1:30.41	249	F	06/08/15	ASA Summer Nationals 2015	Sheffield		1
1:33.81	222	H	31/05/15	ASASER Swimming Championships	Crawley	Staines	1
1:34.59	217	H	26/03/15	British Para Swimming International	Glasgow		1
1:36.11	207	H	31/05/14	ASA South East Region Age Group Championships	Crawley	Staines	1
1:36.19	206	H	08/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
1:37.10	201	H	07/08/14	Swim Wales Summer Nationals 2014	Swansea		1
1:37.10	201	F	07/08/14	Swim Wales Summer Nationals 2014	Swansea		1
1:38.98	189	H	18/04/14	British-Para Swimming International	Glasgow	Staines	1

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