

Individual Best Times (All Time)

Ellie Pomfret - (556259) - Blackpool Aquatics ASC - 100 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:18.48	389	H	10/05/15	City of Coventry May Open Meet	Coventry	Blackpool Aq	1

Swims in Date Order

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