

Individual Best Times (All Time)

Robin Hughes - (554400) - Basildon and Phoenix SC - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:02.80	383	H	13/04/13	Bexley SC Long Course Open Meet	London	Romford Town	1

Swims in Date Order

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