Individual Best Times (All Time)

Mhairi Swanson - (554106) - Heart Of Midlothian ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:35.18	499	Н	02/06/13	East District Open & Grand Prix Round 3	Edinburgh	Warrender Ba	1
5:39.40	480	Н	28/06/12	SG National Open Championships 2012	Edinburgh	Warrender Ba	1
5:39.56	480	Н	13/06/13	Scottish Gas National Open Championships	Glasgow	Warrender Ba	1
5:41.26	472	Н	19/05/13	City of Sunderland May Open Meet	Sunderland	Warrender Ba	1
5:41.75	470	Н	20/01/13	2013 West District Grand Prix	East Kilbride	Warrender Ba	1
5:45.92	454	Н	20/05/12	City of Sunderland ASC May Open Meet	Sunderland	Warrender Ba	1
5:49.57	439	F	31/03/12	SG National Open Age Group Championships	Sunderland	Warrender Ba	1

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