

Individual Best Times (All Time)

Mhairi Swanson - (554106) - Heart Of Midlothian ASC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|-----------|-----------------|-------|
| 30.66 | 672 | F | 02/02/20 | ND Age Group Championships 2020 R1 | Aberdeen | UoAPS | 1 |
| 30.81 | 662 | F | 30/03/16 | Scottish National Age Group Championships | Glasgow | Warrender Ba | 1 |
| 30.84 | 660 | F | 29/04/17 | University of Aberdeen Long Course Open Meet | Aberdeen | Warrender Ba | 1 |
| 30.89 | 657 | H | 29/04/17 | University of Aberdeen Long Course Open Meet | Aberdeen | Warrender Ba | 1 |
| 31.00 | 650 | H | 14/03/20 | Edinburgh International | Edinburgh | | 1 |
| 31.01 | 649 | H | 30/03/16 | Scottish National Age Group Championships | Glasgow | Warrender Ba | 1 |
| 31.09 | 644 | H | 02/02/20 | ND Age Group Championships 2020 R1 | Aberdeen | UoAPS | 1 |
| 31.16 | 640 | H | 12/03/16 | Edinburgh International Meet | Edinburgh | Warrender Ba | 1 |
| 31.18 | 639 | F | 27/04/19 | University of Aberdeen LC Age Group Open | Aberdeen | UoAPS | 1 |
| 31.22 | 636 | H | 27/04/19 | University of Aberdeen LC Age Group Open | Aberdeen | UoAPS | 1 |
| 31.24 | 635 | H | 22/01/16 | East District Age Group Championships | Edinburgh | Warrender Ba | 1 |
| 31.25 | 634 | C | 27/06/19 | Scottish National Open Championships | Aberdeen | UoAPS | 1 |
| 31.35 | 628 | F | 01/04/15 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 31.35 | 628 | H | 01/08/15 | British Summer Championships | Sheffield | Warrender Ba | 1 |
| 31.37 | 627 | F | 25/06/15 | Scottish National Open Championships | Glasgow | Warrender Ba | 1 |
| 31.38 | 627 | H | 27/05/17 | East District Long Course Open Meet | Edinburgh | Warrender Ba | 1 |
| 31.39 | 626 | H | 16/03/19 | Edinburgh International | Edinburgh | UoAPS | 1 |
| 31.41 | 625 | H | 25/05/19 | Glasgow International Swim Meet | Tollcross | UoAPS | 1 |
| 31.42 | 624 | F | 07/07/17 | Scottish Summer Meet | Edinburgh | Warrender Ba | 1 |
| 31.43 | 624 | H | 27/06/19 | Scottish National Open Championships | Aberdeen | UoAPS | 1 |
| 31.44 | 623 | F | 07/02/16 | Derventio Excel February Festival 2016 | Sheffield | Warrender Ba | 1 |
| 31.44 | 623 | C | 28/05/16 | East District Open & Grand Prix | Edinburgh | Warrender Ba | 1 |
| 31.46 | 622 | H | 30/06/16 | Scottish National Open Championships | Glasgow | | 1 |
| 31.47 | 621 | F | 23/01/16 | East District Age Group Championships | Edinburgh | Warrender Ba | 1 |
| 31.51 | 619 | H | 28/05/16 | East District Open & Grand Prix | Edinburgh | Warrender Ba | 1 |
| 31.51 | 619 | F | 01/04/17 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 31.53 | 618 | F | 05/02/17 | East District Age Group Finals | Edinburgh | Warrender Ba | 1 |

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|-------|-----|---|----------|---|-----------------|--------------|---|
| 31.55 | 610 | F | 05/02/17 | East District Age Groups Finals | Edinburgh | Warrender Ba | 1 |
| 31.56 | 616 | F | 27/05/17 | East District Long Course Open Meet | Edinburgh | Warrender Ba | 1 |
| 31.60 | 614 | F | 15/03/15 | Edinburgh International 2015 | Edinburgh | Warrender Ba | 1 |
| 31.61 | 613 | H | 05/02/17 | East District Age Groups Finals | Edinburgh | Warrender Ba | 1 |
| 31.62 | 612 | H | 01/04/17 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 31.64 | 611 | H | 25/06/15 | Scottish National Open Championships | Glasgow | Warrender Ba | 1 |
| 31.64 | 611 | H | 07/02/16 | Derventio Excel February Festival 2016 | Sheffield | Warrender Ba | 1 |
| 31.65 | 611 | H | 30/07/16 | British Summer Championships | Sheffield | Warrender Ba | 1 |
| 31.68 | 609 | H | 07/07/17 | Scottish Summer Meet | Edinburgh | Warrender Ba | 1 |
| 31.68 | 609 | H | 03/02/19 | ND Age Group Championships 2019 R1 | Aberdeen | UoAPS | 1 |
| 31.74 | 606 | H | 14/06/17 | Mare Nostrum - Barcelona | Barcelona | | 1 |
| 31.76 | 604 | F | 03/02/19 | ND Age Group Championships 2019 R1 | Aberdeen | UoAPS | 1 |
| 31.78 | 603 | | 27/03/19 | Irish Open Swimming Championships | Dublin, Ireland | UoAPS | 1 |
| 31.86 | 599 | H | 11/03/17 | Edinburgh International Meet 2017 | Edinburgh | Warrender Ba | 1 |
| 32.01 | 590 | H | 29/05/15 | East District Open with SASA Grand Prix | Edinburgh | Warrender Ba | 1 |
| 32.05 | 588 | H | 15/03/15 | Edinburgh International 2015 | Edinburgh | Warrender Ba | 1 |
| 32.35 | 572 | H | 01/04/15 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 32.37 | 571 | H | 04/02/18 | East District Age Groups 2018 Round 3 | Edinburgh | Warrender Ba | 1 |
| 32.44 | 567 | H | 01/03/18 | Edinburgh International Inc British Championships | Edinburgh | Warrender Ba | 1 |
| 32.49 | 565 | H | 28/06/18 | Scottish National Open Championships | Tollcross | Warrender Ba | 1 |
| 32.53 | 562 | H | 26/05/18 | 2018 Glasgow International Swim Meet | Glasgow | Warrender Ba | 1 |
| 32.60 | 559 | H | 31/01/14 | East District Open incorporating Grand Prix | Edinburgh | Warrender Ba | 1 |
| 32.61 | 558 | H | 31/03/18 | Scottish National Age Group Championships | Tollcross | Warrender Ba | 1 |
| 32.64 | 557 | F | 04/02/18 | East District Age Groups 2018 Round 3 | Edinburgh | Warrender Ba | 1 |
| 32.64 | 557 | H | 25/07/18 | Irish Summer Nationals 2018 | Dublin, Ireland | | 1 |
| 32.69 | 554 | H | 13/06/13 | Scottish Gas National Open Championships | Glasgow | Warrender Ba | 1 |
| 32.75 | 551 | H | 06/08/14 | Swim Wales Summer Nationals 2014 | Swansea | Warrender Ba | 1 |
| 32.80 | 549 | H | 03/04/14 | Scottish Gas National Open Championships | Glasgow | Warrender Ba | 1 |
| 32.84 | 547 | H | 31/05/13 | East District Open & Grand Prix Round 3 | Edinburgh | Warrender Ba | 1 |
| 32.86 | 546 | H | 17/05/14 | City of Sunderland May Open 2014 | Sunderland | Warrender Ba | 1 |
| 32.92 | 543 | H | 18/05/13 | City of Sunderland May Open Meet | Sunderland | Warrender Ba | 1 |
| 32.99 | 539 | C | 31/05/13 | East District Open & Grand Prix Round 3 | Edinburgh | Warrender Ba | 1 |
| 33.41 | 519 | H | 18/01/13 | 2013 West District Grand Prix | East Kilbride | Warrender Ba | 1 |
| 33.48 | 516 | H | 09/02/13 | Derventio February Festival | Sheffield | Warrender Ba | 1 |
| 34.38 | 476 | H | 28/06/12 | SG National Open Championships 2012 | Edinburgh | Warrender Ba | 1 |
| 38.56 | 337 | H | 27/11/10 | Co Sunderland Winter Meet | Sunderland | Warrender Ba | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|-----------------|-----------------|-------|
| 31.00 | 650 | H | 14/03/20 | Edinburgh International | Edinburgh | | 1 |
| 30.66 | 672 | F | 02/02/20 | ND Age Group Championships 2020 R1 | Aberdeen | UoAPS | 1 |
| 31.09 | 644 | H | 02/02/20 | ND Age Group Championships 2020 R1 | Aberdeen | UoAPS | 1 |
| 31.25 | 634 | C | 27/06/19 | Scottish National Open Championships | Aberdeen | UoAPS | 1 |
| 31.43 | 624 | H | 27/06/19 | Scottish National Open Championships | Aberdeen | UoAPS | 1 |
| 31.41 | 625 | H | 25/05/19 | Glasgow International Swim Meet | Tollcross | UoAPS | 1 |
| 31.18 | 639 | F | 27/04/19 | University of Aberdeen LC Age Group Open | Aberdeen | UoAPS | 1 |
| 31.22 | 636 | H | 27/04/19 | University of Aberdeen LC Age Group Open | Aberdeen | UoAPS | 1 |
| 31.78 | 603 | | 27/03/19 | Irish Open Swimming Championships | Dublin, Ireland | UoAPS | 1 |
| 31.39 | 626 | H | 16/03/19 | Edinburgh International | Edinburgh | UoAPS | 1 |
| 31.76 | 604 | F | 03/02/19 | ND Age Group Championships 2019 R1 | Aberdeen | UoAPS | 1 |
| 31.68 | 609 | H | 03/02/19 | ND Age Group Championships 2019 R1 | Aberdeen | UoAPS | 1 |
| 32.64 | 557 | H | 25/07/18 | Irish Summer Nationals 2018 | Dublin, Ireland | | 1 |
| 32.49 | 565 | H | 28/06/18 | Scottish National Open Championships | Tollcross | Warrender Ba | 1 |

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|-------|-----|---|----------|---|---------------|--------------|---|
| 32.53 | 562 | H | 26/05/18 | 2018 Glasgow International Swim Meet | Glasgow | Warrender Ba | 1 |
| 32.61 | 558 | H | 31/03/18 | Scottish National Age Group Championships | Tollcross | Warrender Ba | 1 |
| 32.44 | 567 | H | 01/03/18 | Edinburgh International Inc British Championships | Edinburgh | Warrender Ba | 1 |
| 32.64 | 557 | F | 04/02/18 | East District Age Groups 2018 Round 3 | Edinburgh | Warrender Ba | 1 |
| 32.37 | 571 | H | 04/02/18 | East District Age Groups 2018 Round 3 | Edinburgh | Warrender Ba | 1 |
| 31.42 | 624 | F | 07/07/17 | Scottish Summer Meet | Edinburgh | Warrender Ba | 1 |
| 31.68 | 609 | H | 07/07/17 | Scottish Summer Meet | Edinburgh | Warrender Ba | 1 |
| 31.74 | 606 | H | 14/06/17 | Mare Nostrum - Barcelona | Barcelona | | 1 |
| 31.56 | 616 | F | 27/05/17 | East District Long Course Open Meet | Edinburgh | Warrender Ba | 1 |
| 31.38 | 627 | H | 27/05/17 | East District Long Course Open Meet | Edinburgh | Warrender Ba | 1 |
| 30.84 | 660 | F | 29/04/17 | University of Aberdeen Long Course Open Meet | Aberdeen | Warrender Ba | 1 |
| 30.89 | 657 | H | 29/04/17 | University of Aberdeen Long Course Open Meet | Aberdeen | Warrender Ba | 1 |
| 31.51 | 619 | F | 01/04/17 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 31.62 | 612 | H | 01/04/17 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 31.86 | 599 | H | 11/03/17 | Edinburgh International Meet 2017 | Edinburgh | Warrender Ba | 1 |
| 31.53 | 618 | F | 05/02/17 | East District Age Groups Finals | Edinburgh | Warrender Ba | 1 |
| 31.61 | 613 | H | 05/02/17 | East District Age Groups Finals | Edinburgh | Warrender Ba | 1 |
| 31.65 | 611 | H | 30/07/16 | British Summer Championships | Sheffield | Warrender Ba | 1 |
| 31.46 | 622 | H | 30/06/16 | Scottish National Open Championships | Glasgow | | 1 |
| 31.44 | 623 | C | 28/05/16 | East District Open & Grand Prix | Edinburgh | Warrender Ba | 1 |
| 31.51 | 619 | H | 28/05/16 | East District Open & Grand Prix | Edinburgh | Warrender Ba | 1 |
| 30.81 | 662 | F | 30/03/16 | Scottish National Age Group Championships | Glasgow | Warrender Ba | 1 |
| 31.01 | 649 | H | 30/03/16 | Scottish National Age Group Championships | Glasgow | Warrender Ba | 1 |
| 31.16 | 640 | H | 12/03/16 | Edinburgh International Meet | Edinburgh | Warrender Ba | 1 |
| 31.44 | 623 | F | 07/02/16 | Derventio Excel February Festival 2016 | Sheffield | Warrender Ba | 1 |
| 31.64 | 611 | H | 07/02/16 | Derventio Excel February Festival 2016 | Sheffield | Warrender Ba | 1 |
| 31.47 | 621 | F | 23/01/16 | East District Age Group Championships | Edinburgh | Warrender Ba | 1 |
| 31.24 | 635 | H | 22/01/16 | East District Age Group Championships | Edinburgh | Warrender Ba | 1 |
| 31.35 | 628 | H | 01/08/15 | British Summer Championships | Sheffield | Warrender Ba | 1 |
| 31.37 | 627 | F | 25/06/15 | Scottish National Open Championships | Glasgow | Warrender Ba | 1 |
| 31.64 | 611 | H | 25/06/15 | Scottish National Open Championships | Glasgow | Warrender Ba | 1 |
| 32.01 | 590 | H | 29/05/15 | East District Open with SASA Grand Prix | Edinburgh | Warrender Ba | 1 |
| 31.35 | 628 | F | 01/04/15 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 32.35 | 572 | H | 01/04/15 | Scottish National Age Group Championships | Aberdeen | Warrender Ba | 1 |
| 31.60 | 614 | F | 15/03/15 | Edinburgh International 2015 | Edinburgh | Warrender Ba | 1 |
| 32.05 | 588 | H | 15/03/15 | Edinburgh International 2015 | Edinburgh | Warrender Ba | 1 |
| 32.75 | 551 | H | 06/08/14 | Swim Wales Summer Nationals 2014 | Swansea | Warrender Ba | 1 |
| 32.86 | 546 | H | 17/05/14 | City of Sunderland May Open 2014 | Sunderland | Warrender Ba | 1 |
| 32.80 | 549 | H | 03/04/14 | Scottish Gas National Open Championships | Glasgow | Warrender Ba | 1 |
| 32.60 | 559 | H | 31/01/14 | East District Open incorporating Grand Prix | Edinburgh | Warrender Ba | 1 |
| 32.69 | 554 | H | 13/06/13 | Scottish Gas National Open Championships | Glasgow | Warrender Ba | 1 |
| 32.99 | 539 | C | 31/05/13 | East District Open & Grand Prix Round 3 | Edinburgh | Warrender Ba | 1 |
| 32.84 | 547 | H | 31/05/13 | East District Open & Grand Prix Round 3 | Edinburgh | Warrender Ba | 1 |
| 32.92 | 543 | H | 18/05/13 | City of Sunderland May Open Meet | Sunderland | Warrender Ba | 1 |
| 33.48 | 516 | H | 09/02/13 | Derventio February Festival | Sheffield | Warrender Ba | 1 |
| 33.41 | 519 | H | 18/01/13 | 2013 West District Grand Prix | East Kilbride | Warrender Ba | 1 |
| 34.38 | 476 | H | 28/06/12 | SG National Open Championships 2012 | Edinburgh | Warrender Ba | 1 |
| 38.56 | 337 | H | 27/11/10 | Co Sunderland Winter Meet | Sunderland | Warrender Ba | 1 |