Individual Best Times (All Time)

Dominic Frost - (553680) - University of Nottingham SC - 200 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:33.23	411	Н	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	Co Milton K	3
2:34.13	404	F	19/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Co Milton K	1

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