

# Individual Best Times (All Time)

Dominic Frost - (553680) - University of Nottingham SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.81	513	H	02/02/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Uni of Nott	1
27.81	513	F	02/02/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Uni of Nott	1
27.89	509	H	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
28.03	501	F	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Co Milton K	1
28.26	489	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Co Milton K	1
28.42	481	H	25/11/17	Romford Town Early County Qualifier	London Aquatics	Newport Pag	3
28.96	454	H	17/04/16	Team Luton April Long Course Meet	Luton	Newport Pag	1
29.15	445	H	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	Co Milton K	3
29.84	415	H	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Newport Pag	1
30.35	395	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Newport Pag	1
30.45	391	H	31/05/15	ASASER Swimming Championships	Crawley		1
30.67	382	H	12/04/15	Team Luton April Long Course Meet	Luton		1
32.42	324	F	19/07/14	Wycombe District SC End of Season Meet	Wycombe	Newport Pag	3
32.57	319	H	19/07/14	Wycombe District SC End of Season Meet	Wycombe	Newport Pag	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.89	509	H	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield		1
27.81	513	F	02/02/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Uni of Nott	1
27.81	513	H	02/02/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Uni of Nott	1
28.42	481	H	25/11/17	Romford Town Early County Qualifier	London Aquatics	Newport Pag	3
28.26	489	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Co Milton K	1
28.03	501	F	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Co Milton K	1
29.15	445	H	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	Co Milton K	3
28.96	454	H	17/04/16	Team Luton April Long Course Meet	Luton	Newport Pag	1
29.84	415	H	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Newport Pag	1

30.45	391	H	31/05/15	ASASER Swimming Championships	Crawley		1
30.35	395	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Newport Pag	1
30.67	382	H	12/04/15	Team Luton April Long Course Meet	Luton		1
32.42	324	F	19/07/14	Wycombe District SC End of Season Meet	Wycombe	Newport Pag	3
32.57	319	H	19/07/14	Wycombe District SC End of Season Meet	Wycombe	Newport Pag	3