

Individual Best Times (All Time)

Kelvin Lok-Shing Wong - (549115) - Poole SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.02	536	H	30/04/17	ASA SWR Summer Championships	Plymouth	S Bournem'th	1
1:10.09	534	H	06/05/18	ASA SWR Summer Championships	Plymouth	Poole	1
1:10.50	525	F	29/05/17	PNSC May Madness Meet	Portsmouth	S Bournem'th	1
1:10.61	522	F	16/04/17	Exeter City SC & Taunton Deane SC	Street	S Bournem'th	1
1:10.70	520	F	06/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Poole	1
1:10.81	518	F	16/07/17	Portsmouth Northsea End of Season Meet	Portsmouth	S Bournem'th	3
1:10.94	515	F	19/03/17	Millfield School Super Series (LC)	Millfield	S Bournem'th	1
1:11.04	513	F	01/04/18	Millfield Super Series	Millfield	Poole	1
1:11.06	512	H	05/11/17	ASA SWR LC Winter Championships	Millfield	Poole	1
1:11.27	508	H	21/01/18	Flanders Swimming Cup	Antwerp, Belgium		1
1:11.30	507	H	01/04/18	Millfield Super Series	Millfield	Poole	1
1:11.47	504	F	29/10/17	Millfield Super Series	Millfield	Poole	1
1:11.48	503	F	11/03/18	UBSC National Qualifier Level 1 Open Meet	Hengrove	Poole	1
1:11.62	500	F	17/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	S Bournem'th	3
1:12.00	493	H	01/05/16	ASA SWR Summer Championships	Plymouth	S Bournem'th	1
1:12.20	488	H	28/05/16	City of Cardiff Open Meet	Cardiff		1
1:12.22	488	F	24/04/16	Millfield & Taunton Super Series	Millfield	S Bournem'th	1
1:12.27	487	F	01/05/16	ASA SWR Summer Championships	Plymouth	S Bournem'th	1
1:12.78	477	F	03/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	S Bournem'th	1
1:13.13	470	F	03/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	S Bournem'th	1
1:13.19	469	H	07/08/15	ASA Summer Nationals 2015	Sheffield		1
1:13.20	469	F	27/03/16	Exeter City Easter Meet 2016	Millfield	S Bournem'th	1
1:13.25	468	H	30/05/15	Cardiff International Open Meet 2015	Cardiff		1
1:13.30	467	F	26/04/15	Millfield & Taunton Super Series (LC)	Millfield	S Bournem'th	1
1:13.55	462	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
1:13.57	462	H	03/05/15	ASA South West Summer Championships	Plymouth		1
1:13.88	457	F	03/05/15	ASA South West Summer Championships	Plymouth		1

1:13.00	437	F	03/03/13	ASA South West Summer Championships	Plymouth		
1:14.29	448	F	10/01/15	United Bristol New Year Open Meet	Hengrove	S Bournem'th	1
1:14.51	444	H	02/08/14	BG ASA National Age Groups Champs 2014	Sheffield		1
1:14.86	438	F	15/06/14	ASA South West Region AG Championships	Bristol	S Bournem'th	1
1:16.05	418	F	18/05/14	Millfield Last Chance Swim Meet	Millfield	S Bournem'th	1
1:16.25	415	F	18/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	S Bournem'th	1
1:17.29	398	H	15/06/14	ASA South West Region AG Championships	Bristol	S Bournem'th	1
1:18.28	383	F	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	S Bournem'th	1
1:18.57	379	F	18/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	S Bournem'th	1
1:19.04	372	F	14/12/13	National Arena Swimming League SW Finals	Millfield	S Bournem'th	1
1:20.12	357	F	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	S Bournem'th	1
1:20.60	351	H	27/07/13	BG ASA National Age Groups 2013	Sheffield	S Bournem'th	1
1:21.13	344	F	12/05/13	Millfield Last Chance Meet	Millfield	S Bournem'th	1
1:22.06	333	F	02/06/13	ASA South West Region Age Groups 2013	Millfield	S Bournem'th	1
1:22.73	325	F	29/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	S Bournem'th	1
1:22.88	323	F	29/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	S Bournem'th	1
1:23.09	320	H	02/06/13	ASA South West Region Age Groups 2013	Millfield	S Bournem'th	1
1:27.89	271	F	18/11/12	Welsh Capital Open Meet 2012	Cardiff	S Bournem'th	1
1:31.49	240	H	10/06/12	British Gas ASA SWR Age Groups Champs	Millfield	S Bournem'th	1
1:32.81	230	F	10/06/12	British Gas ASA SWR Age Groups Champs	Millfield	S Bournem'th	1
1:36.60	204	F	19/06/11	British Gas SWR Age Group Championships	Millfield School	S Bournem'th	1
1:36.99	201	H	19/06/11	British Gas SWR Age Group Championships	Millfield School	S Bournem'th	1
1:38.44	192	F	02/10/11	Portsmouth Northsea Open Meet	Portsmouth	S Bournem'th	3
1:40.66	180	H	22/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	S Bournem'th	1
1:44.19	162	F	22/04/11	Portsmouth Northsea Easter Swim Festival	Portsmouth	S Bournem'th	1

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