Individual Best Times (All Time)

Lauren Woods - (549079) - Lincoln Vulcans SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.58	537	Н	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Lincoln Vulc	1
1:03.69	535	Н	16/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	Lincoln Vulc	1
1:04.01	527	Н	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	Lincoln Vulc	1
1:04.33	519	Н	21/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Lincoln Vulc	1
1:05.04	502	Н	16/05/15	Northampton Spring Festival	Corby	Lincoln Vulc	1
1:05.74	486	Н	30/04/16	ASA East Midland Region Swimming Champs	Sheffield	Lincoln Vulc	1
1:05.97	481	Н	26/03/17	City of Sheffield Premier Meet	Sheffield	Lincoln Vulc	1
1:06.28	474	Н	10/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	Lincoln Vulc	1
1:06.37	472	Н	08/02/15	Bedfordshire ASA Junior Inter-County Competition	Luton	Lincolnshire	3
1:07.46	450	Н	27/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield	Lincoln Vulc	3
1:07.50	449	Н	15/06/14	Midland Age Group Championships 2014	Coventry	Lincoln Vulc	1
1:07.52	449	Н	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	Lincoln Vulc	1
1:07.84	442	Н	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Lincoln Vulc	1
1:07.95	440	Н	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	Lincoln Vulc	3
1:10.64	392	Н	30/11/13	City of Sheffield Snow Frills Gala	Sheffield	Lincoln Vulc	3
1:12.13	368	Н	12/05/13	Derventio Excel Swim Squad 7th LC Open	Sheffield	Lincoln Vulc	1
1:12.43	363	Н	09/06/13	Midland Age Groups Championships	Coventry	Lincoln Vulc	1

Swims in Date Order

	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
	1:04.33	519	Н	21/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Lincoln Vulc	1
	1:05.97	481	Н	26/03/17	City of Sheffield Premier Meet	Sheffield	Lincoln Vulc	1
	1:05.74	486	Н	30/04/16	ASA East Midland Region Swimming Champs	Sheffield	Lincoln Vulc	1
	1:04.01	527	Н	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	Lincoln Vulc	1
	1:03.58	537	Н	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Lincoln Vulc	1
Co	1:03.69 pyright 2024	535 4	Н	16/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	Lincoln Vulc Powered By SPORT	1 SYSTEM

							Page 2 / 2
1:05.04	502	Н	16/05/15	Northampton Spring Festival	Corby	Lincoln Vulc	1
1:06.37	472	Н	08/02/15	Bedfordshire ASA Junior Inter-County Competition	Luton	Lincolnshire	3
1:06.28	474	Н	10/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	Lincoln Vulc	1
1:07.52	449	Н	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	Lincoln Vulc	1
1:07.46	450	Н	27/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield	Lincoln Vulc	3
1:07.50	449	Н	15/06/14	Midland Age Group Championships 2014	Coventry	Lincoln Vulc	1
1:07.95	440	Н	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	Lincoln Vulc	3
1:07.84	442	Н	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Lincoln Vulc	1
1:10.64	392	Н	30/11/13	City of Sheffield Snow Frills Gala	Sheffield	Lincoln Vulc	3
1:12.43	363	Н	09/06/13	Midland Age Groups Championships	Coventry	Lincoln Vulc	1
1:12.13	368	Н	12/05/13	Derventio Excel Swim Squad 7th LC Open	Sheffield	Lincoln Vulc	1