

# Individual Best Times (All Time)

Lauren Woods - (549079) - Lincoln Vulcans SC - 100 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.03	593	F	15/04/18	Swim England East Midland Championships 2018	Sheffield	Lincoln Vulc	1
1:06.74	574	H	01/08/18	Swim England National Summer Meet	Sheffield	Lincoln Vulc	1
1:07.66	551	H	15/04/18	Swim England East Midland Championships 2018	Sheffield	Lincoln Vulc	1
1:08.20	538	H	08/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Lincoln Vulc	1
1:08.48	531	F	30/03/18	City of Norwich Easter Long Course Meet	Norwich	Lincoln Vulc	1
1:08.74	525	H	30/03/18	City of Norwich Easter Long Course Meet	Norwich	Lincoln Vulc	1
1:08.79	524	F	01/05/16	ASA East Midland Region Swimming Champs	Sheffield	Lincoln Vulc	1
1:09.44	510	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	Lincoln Vulc	1
1:09.54	507	H	01/05/16	ASA East Midland Region Swimming Champs	Sheffield	Lincoln Vulc	1
1:10.41	489	H	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Lincoln Vulc	1
1:10.60	485	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Lincoln Vulc	1
1:10.81	480	H	13/01/18	City of Sunderland New Year Meet 2018	Sunderland	Lincoln Vulc	1
1:12.25	452	H	13/05/17	City of Sheffield No Frills Meet	Sheffield	Lincoln Vulc	1
1:14.25	417	H	07/06/15	Midlands Championships 2015	Coventry	Lincoln Vulc	1
1:16.18	386	H	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	Lincoln Vulc	1
1:17.56	366	H	20/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	Lincoln Vulc	1
1:21.40	316	H	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	Lincoln Vulc	3
1:21.55	314	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Lincoln Vulc	1
1:23.21	296	H	01/12/13	City of Sheffield Snow Frills Gala	Sheffield	Lincoln Vulc	3
1:34.30	203	H	19/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Lincoln Vulc	3

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